

UWF Relay for Life

Activities Time Line

12:00 – 5:00 pm: Set Up
6:00 – 7:00 pm: Survivor Dinner
7:00 – 7:05 pm: Presentation of Colors
7:00 – 7:20 pm: Opening Ceremony/Breakdown survivor dinner/Set up bubbles
7:30 – 8:30 pm: **BANK OPEN**
7:30 – 7:40 pm: Survivor Lap
7:45 – 7:50 pm: Caregiver Lap
8:00 – 8:30 pm: Argonettes & Regal
8:30 – 8:35 pm: Backwards Lap
8:40 – 8:55 pm: Mr. & Mrs. Relay ~ Twister Competition
9:00 – 9:20 pm: Luminaria Ceremony
9:20 – 9:30 pm: SILENT Luminaria Lap
9:30 – 9:45 pm: NSLA Glow stick lap
9:45 – 10:30 pm: REFIT Demo
10:30 – 10:35 pm: Road to Recovery Cardboard Car Lap & Best Car
10:40 – 11:00 pm: Mr. & Mrs. Relay ~ Minute to Win It Games
11:00 – 11:20 pm: Minute to Win It Games for Everyone!
11:20 – 12:05 am: Musical Chairs Scavenger Hunt
11:30 – 12:30 am: Cardboard Car Show VOTING OPEN
12:05 – 12:35 am: Mr. & Mrs. Relay Talent Show
12:30 – 1:30 am: **BANK OPEN**
12:35 – 12:40 am: Cartwheel/Dizzy lap
12:40 – 12:55 am: Make a New Friend Lap
1:00 – 1:05 am: Leap Frog Lap
1:10 – 1:20 am: Tug of War
1:20 – 1:30 am: Cheeto Head
1:30 – 1:40 am: Three-legged lap
1:45 – 2:00 am: Closing Ceremony/Awards