



RFL of the South Hills
“Let’s Play While We Relay”
 Park Avenue Field
 @ Bethel Park Community Center
 June 19, 2010 ~ Begins 10:00 am

www.relayforlife.org/pasouthhills
May 2010 News

Dates and Deadlines
Special Team Captains’ Q & A Meeting
Especially for our newer teams
Thursday, May 27
Hamilton Church 6:30 pm
BANK NIGHT FOR ALL

- **May 24** ~ must have \$100 sign sponsors to Angela for printing
- **May 24** ~ send names of businesses who made a SIGNIFICANT contribution to your team to Angela
- **June 15** ~ **T-shirt pick up** Chick-fil-a Rt. 19 between 5-7pm
- **June 15** ~ **Spirit Night at Chick-fil-a** Rt. 19 from 4-8 pm. Bring your friends and family and tell the server you are supporting Relay.

Your Fundraising is “In the Bag”

How many luminaria do you think it takes to circle the track at Relay? So far, we have sold only 12 luminaria. Yikes!



Luminaria donations now “count” toward your team’s fundraising dollars! Your donors choose a “gift from the heart” amount. Some teams suggest \$10 each. Print and/or forward the pdf order form from the relay web site to everyone. MANY people like to honor their friends/family with a luminaria. Help to boost the count and light the path.

Luminaria Sold to Date
12

Reserved On-Site Fundraisers



Team	Offering
Strides of Hope	Nachos & cheese, soft drinks, water, basket raffles, keychains and cookbooks – day Coffee, hot tea, cocoa -overnight
BPVFF	Chili dogs/hot dogs
Brentwood Bank	BBQ beef and cole slaw
Walkers For Life	Rita’s and walking apple crisp
Suvivor All-Stars	Pasta and fishing game
Big John’s. . .	Cheeseburgers and pasta salad and basket raffles
Relay Rascals	Candy, smencils, t-shirts,dog bandanas, basket raffles
Curves	Basket raffles
G-5 R312	Glow necklaces, Wii raffle, 50/50 raffle, pinball
USACE	Basket raffle, haluski, wings, bandanas
Hamilton	Snow cones, fruit, funnel cakes
Team Alex	50/50 and basket raffle
Million \$ Morgan	Lemonade stand, temp tattoos, snacks

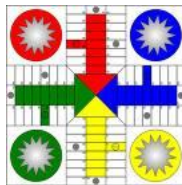
Million \$ Morgan wants your plastic bottle caps. Bring all you can collect to Relay. 1000 will provide one round of chemo free to those in need. Save from water, juice, soda, milk, etc.

Contact Information:

- Angela Giacchino ~ ACS Representative ~ angela.giacchino@cancer.org ~ 412-919-1072
 Mary Lou Bender ~ Event Chair ~ mlbends4@verizon.net ~ 412-343-4524
 Lauren O'Brian ~ Event Co-Chair ~ laurenmmcc@yahoo.com ~ 412-708-7570
 Patty Heasley ~ Event Co-Chair ~ pjheasley@comcast.net ~ 412-851-0743

Registered Teams and Their Games:

1. *Bethel Park Volunteer Firefighters ~ Firefighter game
 2. *Big John's Beer & Bait Irish Pub ~ Poker
 3. *Brentwood Bank ~ Monopoly
 4. *Chick-fil-A at South Hills ~ game choice needed
 5. *Colleen's Angels ~ game choice needed
 6. Cruisin' For a Cure ~ Tic Tac Toe
 7. *Cure Chase'rs ~ Dominoes
 8. *Curves of Bethel Park ~ Plinko
 9. *Double D's ~ Clue
 10. *Fighting Fonzi's ~ Game choice needed
 11. *G-5 R312 ~ Wii and Corn Hole
 12. *Hamilton Church ~ Battleship
 13. *Jamie's Sweets ~ Game choice needed
 14. *Million \$ Morgan ~ Disney Scene-it
 15. *Relay Rascals ~ Candyland
 16. *Risk Takers ~ Risk
 17. Sala Chiropractic Rehab ~ Game choice needed
 18. St. Val's Martyrs ~ Minute to Win It
 19. *Steeler Bryce ~ game choice needed
 20. Stress Relievers ~ Game choice needed
 21. *Strides of Hope ~ Life
 22. *Survivor All-Stars ~ Go Fish
 23. *Team Alex ~ Chess
 24. U.S. Army Corp of Engineers ~ Scrabble
 25. *Walkers For Life ~ Apples to Apples
 26. *Walking Warriors ~ Twister
- *Registered Online



Paring Down the Printed Program



The program for this year's event will be pared down due to the lack of program ads being sold. Donors agree that they would rather see their dollars go directly to services rather than to paperwork. If your team has received a SIGNIFICANT contribution from a business that deserves written acknowledgement, please email Angela no later than May 24.

Calling ALL Survivors

1200 survivor invitations have been mailed to local residents. If you know cancer survivors, please invite them to join you at Relay for the Opening Laps and the Survivor Reception.



Bark For Life



AMERICAN CANCER SOCIETY
BARK FOR LIFE™
A CANINE EVENT TO FIGHT CANCER

Stay tuned for info from the success of "Bark 2010". Preliminary counts say 250 dogs and \$8000 raised! Bow WOW!!!!

On-Site Entertainment and Activities

As usual, our "Entertainment and Activities" committee has incredible fun planned for the 24 hours we'll spend together. The schedule is forthcoming, but for now you may want to plan ahead.

What to Bring List

- Box – prepared as a boxcar
- Disney Princess costume
- Mr. Relay costume
- 80's dance costume
- Pictures for the memory wall
- P.J.s
- Slippers
- Crazy Blanket
- Your team spirit!
- **Comfort items such as:**
 - Change of shoes and clothes
 - Chap stick
 - Sun block
 - Rain gear
 - Clothes appropriate for overnight weather
 - Money for food, drink and fun
 - Contact solution/personal hygiene items
 - flashlight

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Paint the Town Purple

June 12-18

Show the area that we are here.
Ribbons and signage to come. Stay tuned!

Fundraising Offers for Your Team



1. Would you like to double your fundraising efforts? Does your employer have a **Matching Funds** program? You can find out by going to our website www.relayforlife.org/pasouthhills. On our home page, click on "Fundraising Resources" then "Double Your Money" to do a search for your company to see if they offer matching funds. This is a great way to reach your goal even faster.
2. **Brusters Coupons Fundraising Booklets** were made available at the last Team Captain meeting. These coupon books are free to you to sell. The suggested donation amount is \$5 per book. Each book has an approximate value of \$40!! Please contact Mary Lou at mlbends4@verizon.net if you'd like to sell these.
3. **Pampered Chef "Help Whip Cancer" Fundraiser.** Everyone loves The Pampered Chef. Make that work for you. Contact Patty to earn easy money for your team by sharing catalogs or holding an online sale. May is "Help Whip Cancer" month, including our once-a-year **PINK** products. Email pjheasley@comcast.net for web access and/or catalogs.
4. **McCann's Country Candles** offers highly scented, dean burning, hand poured soy candles in a variety of favorite "flavors" or scents. Personally, they are my favorite! Check them out at www.mccannscountrycandles.com. We are purchasing them for \$5.00 and selling them for \$10.00. Please phone 724-223-8527 or email your orders in to Susan McCann. You will need to make arrangements directly with Susan for pickup.

Upcoming Fundraisers to Support

1. **Cookbooks for sale \$10/each.** By "Strides of Hope". Email Corie to get any number of books you would like. cstewart757@msn.com
2. **"I Loathe Lucy" Murder Mystery Dinner** Saturday May 22, 2010 ~ Royal Place ~ 2660 Library Road(Rt. 88) Doors open at 5:30 pm. Dinner and Show at 6:30 pm ~ 50/50 Raffle Buffet Dinner: Carved Roast Beef, Baked Cod English, Stuffed Chicken Breast, Pasta with Marinara Sauce, Roasted Red Potatoes, Rice Pilaf, Green Bean Almondine, House Salad, Rolls and Butter, Dessert, Coffee, Tea and Soft Drinks. Cost: \$35.00/Per Person ~ Cash Bar Available. Limited Seating Contact: Jan 412-953-3152 or Kim 412-576-3496
3. **Comedy Club Night** June 4 @ the Royal on Rt. 88. Sponsored by "Million Dollar Morgan". Doors open 7 pm. Show starts t 8. There will be 50/50, gift baskets and cash bar. Call Kelly @412-759-9585 or Tracy @ 412-983-6997 for tickets.



Team Captain Action Items

1. **Reserve your RFL on-site fundraiser NOW. We need food and drink to be sold.** Send to pjheasley@comcast.net
2. Email your **team's game choice** (if not listed in this newsletter) to Patty pjheasley@comcast.net
3. **Survivor "bribes"** It has been our tradition for the past few years for each time to give each survivor that visits your tent site a "bribe". It's time to start thinking about now. (The survivors vote for the best tent site on the day of Relay) These gifts are little tokens of some sort - cookies, candy, pins, buttons, stickers. Be creative and have fun with these.



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