

★2011★

AMERICAN CANCER SOCIETY

RELAY FOR LIFE

★*Celebrate*★
REMEMBER
FIGHT BACK

Mahopac, NY

June 4-5, 2011

Mahopac High School



www.cancer.org

1•800•ACS•2345

www.RelayForLife.org

Relay For Life of Mahopac 2011 Committee Members



Heather Strickland — Event Co-Chair

Crissy Hajkowski — Event Co-Chair

Jill Hughes — Honorary Survivor Chair

Tracey Walsh — American Cancer Society Staff Partner

JoAnn Astrosky — Kick Off / Survivorship

Karen Butterfield — Caregiver

Sharyl Curry — Survivorship

Christine Dolan — Registration

Matt Feehan — Greeter / Campsite Judge

Terry Feehan — Logistics

Ursula Giglia — Recruitment & Retention

Melissa Kizis — Photography

Paula Frusciante — Entertainment

Jimmy Hajkowski — Security / Volunteers

Kim Hohner — Silent Auction

Brigett Lummel — Publicity / Program

Erin McCormack — Greeter

Erica Orofino — Luminaria

Heather & Nate Palkewick — Relay Online

Melissa Pugliese — Silent Auction

Claudette Scala — Recruitment & Retention

Lillian Spost — Kick Off / Survivorship



AMERICAN CANCER SOCIETY RELAY FOR LIFE

Celebrate.

Remember.

Fight Back.

2011 Rules & Regulations

Set up and Registration

- ⌘ Upon arrival, all team captains must check their teams in at the registration desk.
- ⌘ No pets are permitted in any area of the Relay or on any area of the school grounds.
- ⌘ Teams are welcome to unload their cars in the designated area. Gates will close at 11:00 AM Saturday morning and all cars must be off the access road at that time. After 11:00 AM, volunteers with golf carts will be available to assist you.
- ⌘ All non-Relay participants under 21 years of age who are not supervised by an adult must leave the Relay area 11:30 PM.
- ⌘ The registration area will be staffed at all times by volunteers who will be easily identifiable. Any problems should be brought to the immediate attention of one of these volunteers. Medical and security teams are also available for the entire 24 hours.

Teams

- ⌘ Sites may only be set up in the designated areas after 7:00 AM on Saturday and must be taken down before 9:00 AM on Sunday.
- ⌘ Teams are responsible for properly disposing of their trash and cleaning up their campsite. Recycling bags will be delivered to your tent. *Think Green!*
- ⌘ All teams should mark their sites with their team names.
- ⌘ Teams are encouraged to do an on-site fundraiser.

General

- ⌘ The Relay For Life is a tobacco and alcohol free event. This includes the track, campsites and parking lots.
- ⌘ NO PETS (except service animals) are allowed
- ⌘ ALL Fires Must Be Contained in an Above Ground Metal Fire Pit
- ⌘ No strollers, roller blades, bikes, heeley's or skate boards on the track or tennis court.
- ⌘ NO dumping liquids of any kind in Tent City Area, to avoid creating muddy conditions.

Schedule of Events

SATURDAY MORNING

As of 5/19/11

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
7:00	Gates Open & Camp Site Set-Up Begins	
9:00	Registration Opens <i>All Team Captains MUST check in their team & confirm site number</i>	Registration
9:00	Survivor/Caregiver Registration <i>We invite & encourage all Survivors & caregivers to go visit this special area set up just for you to register and receive your free gift.</i>	Survivor/Caregiver Tent
10:00	Silent Auction Opens <i>All captains are asked to please start bringing their silent auction items to the tent to have them registered and set up.</i>	Silent Auction Tent
10:30	Scavenger Hunt Begins (ends 11:30)	Concession Stand
11:00	All cars must be removed from access road	

SATURDAY AFTERNOON

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
12:00	Opening Ceremony	Track
	Survivor Lap / Luncheon	Track/Luncheon Tent
12:00	Health Fair (ends 3:00)	Health Fair Tent
	Pony Rides	Back Field of Tent City
	Tropical Obstacle Course	Middle of Tent City
	Empire City Garrison/501st Storm Trooper Legion	Back Field of Tent City
	Jumping Castle	Tent City B8
	Book Reading / Signings	
	Phase 10 Tournament	
	Left, Right, Center Tournament	Celebration Central
1:00	Silent Auction Begins (ends 9:00PM)	Celebration Central
1:30	Zumba (ends 2:15PM)	Field
1:30	Zippo the Clown	
1:30	Quarters, Quarters, Everywhere! <i>Let's line the entire track with quarters with a chance for your team to win them all!</i>	Track
1:45	Band: Dead End	Live Music Tent
2:00	Bunny Hop Lap	Track
2:30	The "Purple Glove Dance" featuring the A&E Dance Team and the Hudson Valley Renegade's Mascot	Field
3:00	Kids Corner Activities	Kids Corner Tent
3:00	Fashion Show	Celebration Central
3:00	Home Depot Children's Workshop (ends 6:00PM)	Kids Corner Tent
3:00	Girl Scout Lap	Track
3:15	Kids Race for Quarters <i>Meet at the DJ booth for a bucket & race to pick up the quarters around the track.</i>	Track
3:30	Miss Relay Contest	Track
4:00	Caregiver Ceremony	Track
4:30	Bingo (ends 5:30PM)	Celebration Central
4:30	Create Your Own T-Shirt (ends 6:30 / add'l cost)	Kids Corner Tent
4:45	Band: Illusion (ends 5:45PM)	Live Music Tent

Schedule of Events

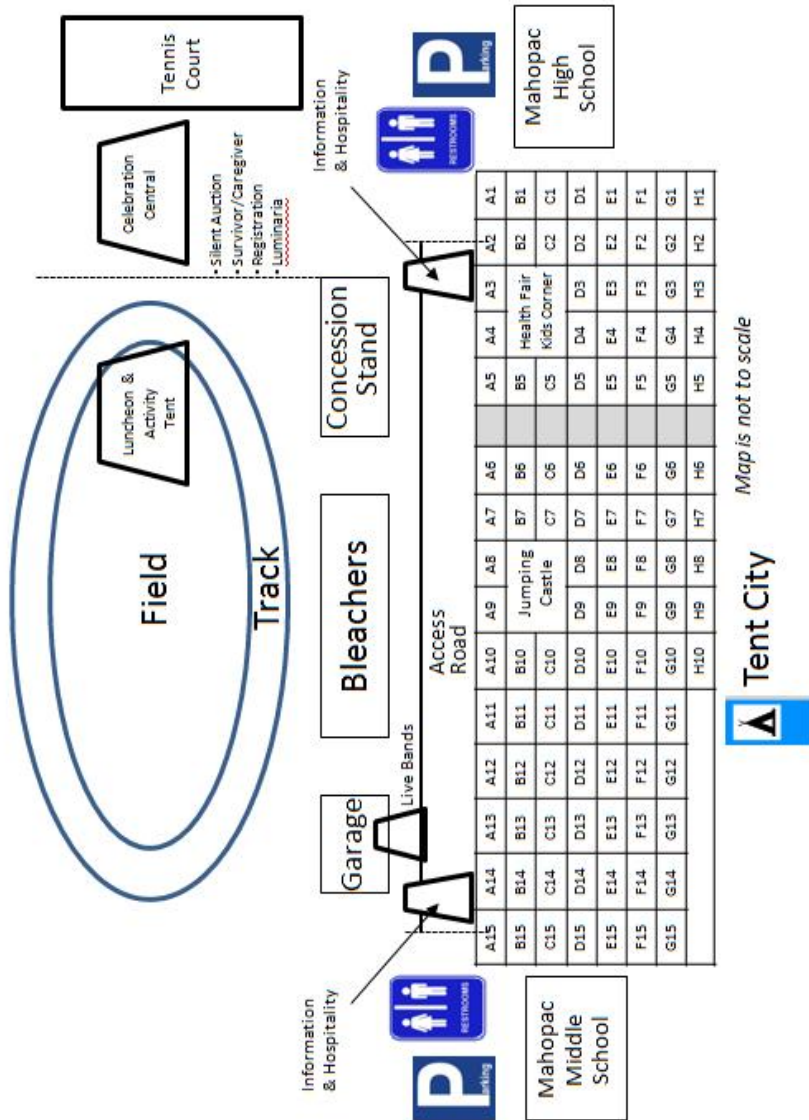
SATURDAY EVENING

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
5:00	Team Photo Lap (Don't forget your banner!)	Track
5:30	Road to Recovery Rally	Track
6:00	Ecumenical Service (non-denominational)	Celebration Central
6:00	BYOB (Bubbles!) Lap	Track
6:30	3-Legged Race	Track
6:45	Freeze Lap	Track
7:00	Survivor Ceremony	Track
7:30	Band: Steel Drum	Track
7:30	Limbo Lap	Track
7:30	Visit our Relay authors for a signed copy of their books	Luncheon Tent
8:00	ALL Team Captains Pick Up Overnight Wristbands	Concession Stand
8:20	Band: Steel Drum	Track
8:30	One Adult from Each Team to Help Light Luminaries	Track
8:30	Crazy Hat Lap	Track
8:45	Remembrance Ceremony	Track
8:45	Last Bids Accepted for Silent Auction	Silent Auction Tent
8:45	Survivor/Caregiver Tent Closed	
8:45	Silent Auction Closed	
8:45	Children's Pajama Lap	Track
9:00	Slideshow / Luminary Ceremony	Bleachers
10:30	Winners Pick Up Silent Auction Items	Silent Auction Tent
11:00	Scavenger Hunt	Concession Stand
11:00	Join St. Johns Youth Group for the Rosary	Track
11:30	All teams adjourn to campsite for safety check & wristbands	
11:30	All non-Relay participants under 21 years of age who are not supervised by an adult must leave the Relay area	

SUNDAY MORNING *Cancer doesn't sleep, why should we?*

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
12:00	Left, Right, Center Tournament	Celebration Central
12:30	Pretty Pajama Party	Track
1:00	Poker Competition Lap	Track
1:30	Crazy Hat Lap	Track
2:00	Hula Hoop Hoopla!	Track
2:30	Lucky Number Laps	Meet at Bleachers
3:00	Christmas Party in June!	Track
3:30	Musical Chairs, for only the strong and the brave...	Track
4:00	TEAM SPIRIT LAP - <i>Wake your team up & show us your spirit</i>	Track
4:30	2011 Relay Toga King & Queen Contest	Track
5:00	We are ALL IN THIS TOGETHER!	Track
5:30	Trickey Trivia	Track
6:00	Fight Back Ceremony	Field
6:30	Sunrise Mass	Activity Tent
7:00	Closing Ceremony	Field
7:30	Breakfast	Concession Stand
7:30	Breakdown Campsites & Clean Up MHS Campus	Tent City & Fields
9:00	ALL CLEAN UP MUST BE COMPLETED & EVERYTHING OFF THE PREMESIS!	

Map



Receive Relay updates on your cell throughout the day
Text MAH to 42330
 You can also find us on your FM Radio in Tent City!!!



1st Place / Winner of the Purple Plate



OUR GANG LOVES COMBOS FOR LIFE

2nd Place

FRIENDS HELPING FRIENDS TO FIND A CURE

3rd Place

DRIVING FOR A CURE

*Thank
You*

*Out of 332 Relay For Life events in the
Eastern Division, Relay For Life of
Mahopac was in the Top 10!*

There are so many fun activities going on at each team's camp site. Make sure you take the time to walk around to see what's going on. A few examples:

Team Names

2 Friends, 2 Cancers, 2 Cured

Angela's Angels

Bells & Thistles

Best Friends

Cure-ious Soles For Sweet P.E.A.S

Driving for a Cure

Friends Helping Friends to Find a CURE

Hope Crew

Lina's Angels

Loach Le Leigheas (Warriors for a Cure)

Activities

Doll house & gift basket raffles, licking
lollies for a Cure

Arcades games, tie-dye shirts, henna painting

Build your own Road to Recovery car, ACS Bags,
baked goods

Pandora-like jewelry & accessories (on main road)

50/50 Raffle, "guess how many" jar, Flip Flops
by Jan (on main road)

Doll house & gold raffles

Design own t-shirt, iPod Touch raffle, Renegades tix,
Movie Madness tix

TV raffle & giant board games

6pm bake sale

50/50, Gold, iPod Nano & Flip Cam Raffles,
Bottle cap magnets

Team Listing

Site

Team Names

As of 5/19/11

E6	2 Friends, 2 Cancers, 2 Cured
E13	Agusta
E8	All-Out Fitness
D3	Amelia's Angels
D2,E2	Angela's Angels
D6,D7	Austin Road Avengers
A8,A9	Bells & Thistles
F12	Best Friends
C10	Brewster High School
C1,D1,H6	Cure-ious Soles For Sweet P.E.A.S
C13	Curzio
E15	Dead End Band
E11,E12	Dennis' Belles & Studs
H3	Dixon Lake Loves Paulos
F8	DMA
A7,B7	Driving for a Cure
B11	Dukes and Sweeties
H7, H8	Empire City/501st
A6	Feehan Agency
E14	Fighting Angels
F14	Fighting Irish
A14	Fighting O's
F7	Fitness Unlimited
H2	For the Cure
G4,G5	Friends for Life
A1,A2,B1,B2	Friends Helping Friends to Find a CURE
A3	Friends Keeping the Faith
C14	Fun First, Drama 2nd
D4	Go Go Gomez
H9	Gold's Gym/ Hopeful Hoopsters
B3,B4,C2,C3,C4	Health Fair / Kids Corner Tent
A10,B10	Hope Crew
H10	Hopeful Hoopsters/Gold's Gym
E4	Hudson Valley Hematology/Onc.
E10	Italian American Club
F13	Jendras/Johnson Family
C11,D11	Jiggin' 4 A Cure
B8,B9,C8,C9	Jumping Castle
F6	Liana's Light Led Lisa's Way
G1,G2,G3	Light the Way

<u>Site #</u>	<u>Team Names</u>
Concession Stand	Lina's Angels
D8	Loach Le Leigheas (Warriors for a Cure)
G9,G10,F9,F10	Local 21 Plumbers / Steamfitters
E7	Love for Lisa
D14,D15	MAGER Race to the Cure
A13	Mahopac Falls FD
B11	Mahopac Teachers
A4	Mary Ann's Family & Friends
A5,B5	Mary's Angels
A12	Maxner
	Meghan & Friends for a Cure
G11	The Melrose School
F2	Mes Amis
D13	MHS Cheer
A15,B15	MSA
E1	NY Sports Clubs
C6,C7	Our Gang Loves Combos 4 Life
A11	Pit Crew
D5	Putnam Hospital
E9	Putnam Valley Tigers
B6	Rocketing To Recovery
B13	Shamrocks Fighting for a Cure
H4,H5	Shooting Stars
F4	Southside Storm
G14,G15	Spano Team
B14	St. John's Youth Group
E5,F5	Stop & Shop of Somers
F3	Stretch Yourself
C15	Students Stopping Cancer
C12	Supertretti
G13	Torrey Team
G12	The Vikings

Don't Forget...

Visit **Celebration Central** (located behind the scoreboard) to:

- © Buy your Luminary Bags and Restaurant Raffle Tickets at the **Luminaria Tent**
- © Bid on some AMAZING items at the **Silent Auction Tent**
- © Enjoy raffles, free gifts and relaxation — a massage, reiki, reflexology, and more — at the **Survivor/Caregiver Tent**!

Team Listing

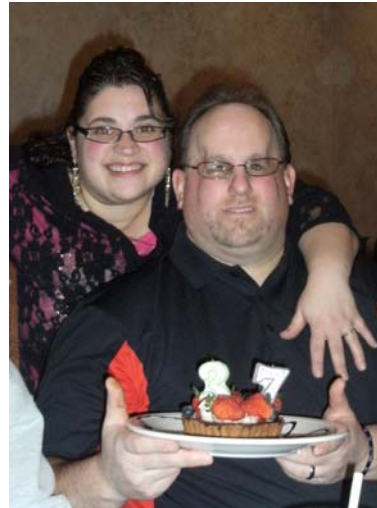
Show us
your
HOPE

Heroes of Hope: Profiles of Courage

Jimmy & Crissy Hajkowski

"Heroes of Hope: Profiles of Courage" is a survivorship initiative involving the selection of cancer survivors from across the New York and New Jersey. These survivors show an outstanding commitment to the fight against cancer and represent Relay For Life and the American Cancer Society publicly for a period of at least one year. They are selected for their ability to inspire hope and their courage and determination to fight back against cancer.

Jimmy and Crissy Hajkowski from Patterson, NY are both cancer survivors - and fighting back against this disease has been their passion since before they were married. They walked their first Survivor's Lap together in 2005 and haven't stopped walking! All year long, they work to reach their annual fundraising goal of \$20,000. Why all year long? Cancer never sleeps, so they believe they shouldn't rest in the fight. They also are a constant presence in their community to offer help and support to people with cancer. They Relay with a vision that lives deep in their hearts. They Relay for each other. They Relay to remember a few very special people that cancer took too early and they Relay for strength, support, and encouragement to get Crissy through the hard times of being a patient. Cancer might seem like an insurmountable challenge. But by coming together, Jimmy and Crissy believe anything is possible and they keep fighting for a cure.



We love you both -
thank you for all you do!



Silent Auction

Located across from the Survivor Luncheon Tent by the track.

Donations:

- ⌘ Each team donates items to be auctioned off (i.e. a themed basket, restaurant gift certificates, sports items, handmade items, etc.).
- ⌘ Creatively put your item(s) together and make sure your they are wrapped or protected from the weather.
- ⌘ Include a list of what is included in your item(s) on a tag or label. The Team Captain should complete a bid sheet and attach the bid sheet to a clipboard. On the back of your clipboard please put your team name, team captain's name and telephone number. All clipboards will be returned – but you must have your information on the back.
- ⌘ Please drop off and register your auction item(s) at the Silent Auction Tent.

How the Silent Auction Works:

- ⌘ Auction items are bid on by interested onlookers.
- ⌘ The auction will begin immediately following the Opening Ceremony. Bids can be placed until 8:45pm. .
- ⌘ The bidding is done in \$5 increments (minimum bid: \$5)
- ⌘ You can pay via Cash, Credit Card (Visa, M/C, AMEX, Discover - proper ID required) or Check (made payable to "American Cancer Society)

You Must Be Present to Win!

*Any questions, please contact Kim Hohner
(khohner1217@yahoo.com)*

AMERICAN CANCER SOCIETY
RELAY FOR LIFE

2011 Restaurant Raffle



Grand Prize

Dinner for Two for a Year!

Second Prize

Lunch For Two for a Year!

Third Prize

Gourmet Gift Basket

Winner will be drawn June 11, 2011 and need
not be present at the drawing to win.

Tickets can be purchased at the
Luminaria Tent.

***Thank You to Our
Generous Raffle Sponsors:
(as of 5/19/11)***

121 Restaurant & Bar
2 Dingle Ridge Rd., North Salem
(914)669-0121

The Carriage House
2605 RT. 22, Patterson
(845)319-6057

151 Grill & Bar
151 Bryant Pond Rd, Mahopac
(845)526-1111

Countryside Kitchen
493 Route 6, Mahopac (845)803-8420

Abruzzi Trattoria
3191 New York 22, Patterson
(845) 878-6800

Dante's Trattoria
167 RT 6, Mahopac (845)621-9654

Domino's Pizza

Amato's Deli & Brick Oven Pizza
716 RT6, Mahopac (845)803-8547

Eveready Diner
90 Independent Way, Brewster
(845)279-9009

Angelo's Pizza & Pasta
1805 East Main St., Mohegan Lake
(914)743-1450

Fratelli's Restaurant
376 West U.S. 6, Mahopac
(845) 628-6208

Ariano's Trattoria
18 Clark Place, Mahopac
(845)621-0137

The Freight House Cafe
609 RT 6, Mahopac (845)628-1872

Arturo's Tavern
878 Route 6, Mahopac (845)621-3836

Four Brothers Pizza/ Restaurant
654 RT 6, Mahopac (845)628-4404

Aversano's Restaurant
1620 RT. 22, Brewster (845)279-2233

McGrath's Tavern
146 East Main St, Pawling
(845) 855-0800

Benvenuta Pizza
35 Secor Rd, Mahopac (845)628-0773

The Olympic Diner & Restaurant
Miller Hill Rd & Rt 6, Mahopac
(845)628-0876

The Blazer Pub
440 RT 22, North Salem
(914)277-4424

Putnam Diner
2600 Rt 22, Patterson (845)878-8000

Bucci Brothers Deli
926 Route 6, Mahopac 845.628.FOOD

South Side Inn of Mahopac
927 South Lake Blvd., Mahopac
(845)621-8710

Carmel Diner
63 Gleneida Ave., Carmel
(845)225-5000

Valentina's Restaurant
4 Church Street, Carmel
(845)228-9655



Celebrate. Remember. Fight Back.®

A Special Thank
You to our
Sponsors...

As of 5/19/11

HOPE (\$2,500+)

Bio-scrip Pharmacy

Bucci Brothers
DELI & CATERING

CARTWRIGHT
& DAUGHTERS
TENT
& PARTY RENTALS

eventful^{magazine}

FIA
FEEHAN INSURANCE AGENCY, INC.

The
Putnam Examiner

**Mahopac
News**
Your Truly Local Paper Reaching Every Household & Business
845.621.1115 www.mahopacnews.com



Plumbers Steamfitters & HVACR Local 21

CURE (\$5,000+)

**Putnam Hospital Medical Staff
In Honor Of
Dr. Paul Chang**

BELIEVE (\$1,500+)

Club Fit

FIGHT BACK (\$750+)

Four Brothers Restaurant
Mid-Hudson Waste
Uncle Bob's Storage
Westchester Medical Center

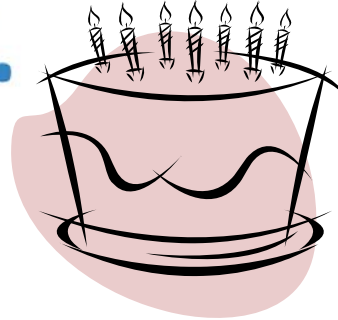
Our sincere appreciation also goes to:

Xpress Printing

Serafina Music & Entertainment

Sons of the American Legion Post 1080

There's no such thing
as too many
candles.



RELAY FOR LIFE OF MAHOPAC

A proud member of the American Cancer Society's Hudson Valley Region.

In 2010 alone, YOUR local donations helped to provide:

- ⌘ More than 1,352 rides to nearly 150 cancer patients undergoing treatment
- ⌘ ACS-Sponsored support groups and workshops to more than 250 survivors and caregivers
- ⌘ Direct financial assistance and resource referrals to 180 patients
- ⌘ Free make up and skin care kits (\$250 value) to nearly 125 women who attended the ACS "Look Good...Feel Better" program
- ⌘ Free housing to more than 90 patients and their family members at the NYC Hope Lodge while they received treatment at various NYC hospitals
- ⌘ Support to more than 3,173 newly diagnosed cancer patients, offering them specific information about their disease and a personal phone call from ACS Patient & Family Services

This is a fight we cannot take on alone and win. We need your support.

www.relayforlife.org/mahopacny



THE OFFICIAL SPONSOR
OF BIRTHDAYS.®

We **save lives** and create more birthdays
by helping you stay well, helping you get well,
by finding cures, and by fighting back.
cancer.org | 1.800.227.2345