

American Cancer Society

Relay For Life



What Is Relay?

- Overnight or late-night relay-style event
- Relay is not an athletic event ... more of a block party
- Teams of people camp out around a track
- Members of each team take turns walking around the track for the duration of the event – because “cancer never sleeps”
- Food, games and activities provide entertainment and fundraising opportunities
- Family-friendly environment for the entire community
- No registration fees or minimum fundraising amounts for teams or participants
- Each team member who raises \$100 or more will receive incentive prizes to add to the fun!

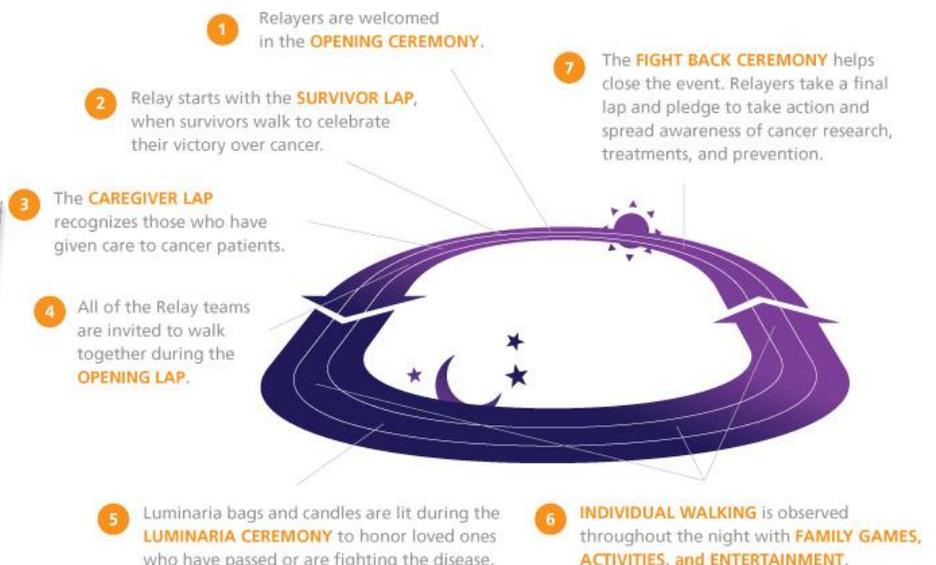


Why We Do It

Few things are as devastating as dealing with cancer. The courage, dignity and spirit of those fighting the disease is both inspirational and humbling. **YOU can make a difference in the fight against cancer.**

What Happens at a Relay Event

There are many moments that create the Relay experience. Specific details vary by event. But all events share these key moments.



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Survivors Lap

Relay starts with a Survivors Lap – an inspirational time when survivors are invited to circle the track together and help everyone celebrate the victories we've achieved over cancer. We also recognize and celebrate caregivers at Relay For Life. These individuals give their time, love, and support to friends, family, neighbors, and coworkers who face cancer.

Luminaria Ceremony

After dark, we honor people who have been touched by cancer and remember loved ones lost to the disease during the Luminaria Ceremony. Candles are lit inside bags filled with sand, each one bearing the name of a person touched by cancer, and participants often walk a lap in silence.



Fight Back Ceremony

Last, there is a Fight Back Ceremony, where we make a personal commitment to save lives by taking up the fight against cancer. That personal commitment may be to do something as simple as getting a screening test, quitting smoking, or talking to elected officials about cancer. By taking action, people are personally taking steps to save lives and fight back against a disease that takes too much.

Relay For Life of Deltona

Saturday May 2, 2015 | Dewey O. Boster Complex

Register your team TODAY!
www.RelayForLife.org/DeltonaFL

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