



Relay For Life of Wilbraham

Team Captains Meeting

What is Relay For Life?

The American Cancer Society's **Relay For Life** is an event that gives everyone in communities across the globe a chance to Celebrate the lives of people who have battled cancer, Remember loved ones lost, and Fight Back against the disease.



Highlights of Relay

- Survivor's Lap
- Luminaria Ceremony
- Fight Back Ceremony



Logistics of Relay

***WHERE?**

Minnechaug Regional High School Track

***WHEN?**

Saturday May 16th – Sunday May 17th

***TIME?**

Registration opens at: 3pm

Opening Ceremonies begin at: 6pm



Some exciting things to look forward to seeing at Relay....

- Wellness activities tent
- Live music
- Tent decoration contest
- Grilling stations for food
- Bounce house
- Breakfast snacks courtesy of Luso Federal Credit Union



Colors of Hope

- Our theme for Relay 2015
- Each color represents a different type of cancer and we want to cure them all.
- Cancer never sleeps, so for one night, neither will we!

Themed Laps

- Survivor lap
- Caregiver lap
- Colors of Hope lap
- Team pride lap
- Dance lap
- Smores at 4
- Sports team lap

Registration

-Make sure your entire team is registered online

-Go to

www.relayforlife.org/wilbrahamma

All teams with participants under 18 must have an appointed chaperone – Forms are available on website



What to bring to Relay...

- Tent for your campsite
- Trash bags
- Folding tables/chairs
- Supplies for your team's on-site fundraiser
- All donations to be turned in
- Money for on-site fundraisers
- Extra clothing in case of weather (jacket, rain gear, extra socks, etc.)
- Wagon/dolly for hauling supplies to + from your campsite
- Camera
- Flashlights
- _Scissors, tape
- Coolers
- Snacks and drinks
- Your cell phone
- Campsite decorations
- Team banner
- Costumes for themed laps
- sunscreen, bug spray
- Umbrella



What NOT to bring to Relay...

- Skate boards
- Roller blades
- Bicycles
- Pets (service dogs ARE allowed)
- Alcohol
- Drugs
- Tobacco
- Valuables
- Weapons
- Cooking grills, fire pits, barbecues
- Tents over 10'x10'



What you CANNOT sell...

- Anything with the American Cancer Society name or logo on it
- Anything with the Relay For Life name or logo on it
- Items that can be purchased from or returned to a store or vendor



What you CAN sell...

- Homemade crafts with your team name on it
- Baked goods
- Services (yard work, babysitting)
- Activities (trivia night, auctions, etc.)



Participant duties

- You are responsible for keeping your tent site clean
- 2 volunteers from each team will help with setup before the opening ceremony
- 2 volunteers from each team will help with setting up the Luminaria ceremony
- 2 volunteers from each team will help with cleanup after the Closing ceremony



Volunteer Roles

- Event setup: Hang banners and balloons around the track. Minimum of 2 - 4 people. Time: 10am on May 16th
- Registration: Check off participants names from a list and hand them their t-shirt. This is a seated position.
- Accounting: Accept donations that participants bring you over the course of the evening. Minimum of 2-4 people. Time: 3pm – 9pm
- Luminaria: Setup Luminaria bags across the track. Minimum 2-4 people. Time 8.15pm
- Event closing: Take down banners and ensure all materials are packed and vendors can take back their equipment.



Fundraising Ideas...

- Athletic tournaments
- Yard Sale
- Bake Sale/Craft Sale
- Fundraising Hope Sheet
- Ask Family and Friends for donations
- Auctions/Raffles
- Sell Luminaria Bags
- Personal \$10 and 9 friends follow (easy \$100)



Marketing

- Marketing for your fundraisers on our social media
- Advertisements placed in the Wilbraham-Hampden Times



Prizes and certificates for the Top 5 Fundraising Participants



Recruitment

-Recruit members for your team...the more the merrier!!!

QUESTIONS?

-If you do have any further questions contact me at:

Mahsoun.choudhury@cancer.org

413-230-1590