Relay for Life Games/Activities

Dance Off – Individuals will compete against others in doing their best moves to music through the decades. This competition will be judged by cancer survivors.

Minute to Win It- Do you watch the popular television show “Minute to Win It” and think “I can do that”? Well here is your chance to play five games that are played regularly on the show and not only beat the minute but the other teams.

“Miss”ter Relay- Ladies…..or should I say gentlemen?? A male participant from each team will have the chance to show what kind of woman they can be and attempt to collect the most money from all those at Relay. The top three (3) who raise the most money will then be judged by our cancer survivors on who the “prettiest woman” is. Please keep in mind this is a family-oriented event and keep your attire appropriate.

Tug-o-War- This is all about the strength of your team. Your team will compete against others to see who can hold their place tugging a rope. Your team will continue until defeated or until they beat all others.

Feed Me- It’s going to be a long night, and you are going to need some sustenance. Take part in this game and you may get a little, if it’s not all over your face. This game will require two players from a team. One player will be feeding the other while standing behind them.

Talent Show- Have a voice from heaven? More limber than anyone should ever be? Pick the teammate that has the best or oddest talent to share. Each individual will have no more than two minutes to share their talent. You will be required to bring your own music if it is needed. This competition will be judged by cancer survivors.

Hula Hoop- Loosen your hips and get ready to do the hula! Keep the hula hoop moving and don’t let it fall or you’re out.

Bubble Gum Game- People frequently saying you’re full of hot air? Well put it to good use in this game where the person who blows the largest bubble will be the winner. The winner will be determined by cancer survivors.

Scavenger Hunt- Not only are we searching for a cure but we will be hunting for odd items. This is a mix between musical chairs and a scavenger hunt. One item will be read off at a time by the dj and as you find those items you run back to a chair. The last person back is out and the hunt continues until there is only one participant remaining.

Three-Legged Race- Three legs are better than two. Choose a teammate to be your partner in this race where one leg from each of you will be tied to the other’s leg and you will be required
to run 100 meters. There will be two rounds, with winners from each round competing against each other for the ultimate three-legged race champion.

**Water Balloon Game** - This will require two players from a team. Each team will get one filled water balloon and will begin tossing it to their teammate from a short distance. The distance will continue to increase with each toss.

**Red Light/Green Light** - A classic children’s game where participants have to make their way to “It”. “It” calls green light and participants are able to move as quickly as possible towards “It”. However, once “It” calls red light everyone must immediately stop, otherwise they are eliminated.

**Balloon Pop** - Represent your team in this game where everyone participating has a balloon tied loosely to one of their ankles and you have to pop the other teams’ balloon before yours is popped.

**Air Guitar** - Hate that the 80’s are over? Well they won’t be Relay night! Start shining up that ole’ air guitar of yours and be prepared to rock out and beat the competition. This competition will be judged by cancer survivors.

**Simon Says** - It’s another classic children’s game on a large scale.

**Volleyball** - There will be an open volleyball net for anyone to get a game going and help to pass those hours.

**Dodge Ball** - Starts at 10:30 pm on the night of Relay at the tennis courts (adjacent to relay). It costs teams $10 to sign up in advance or $20 night of Relay. Teams will be made up of 6-10 people and if anyone wants the official rules contact the Belk team. "Protect your Balls” Dodge ball Tournament t-shirts are available at meetings or at Belk.