



Frequently Asked Questions About the Relay Field Day Program

Where can our Relay Field Day event be held?

Relay Field Day events can be held on or around a track or in a safe location where a track can be created – such as gymnasiums or ball fields. Many of the activities involved can be done in the classroom leading up to the Relay Field Day event.

When should our Relay Field Day event take place?

Relay Field Day events can take place anytime during the year that works best for your school.

Whom do I contact if I have questions?

Most likely the same person who first introduced you to the Relay Field Day program will be your go-to person for questions. You can also visit RelayFieldDay.org for more information. If you are not sure whom to contact, please call your local American Cancer Society office or call 1-800-227-2345.

How long should our Relay Field Day event be?

Relay Field Day events have no specific time requirements. Your event can be whatever length of time is best for the administration, teachers, and students at your school. Sample schedules are included in this folder and online at your Relay Field Day Web site.

What activities can we do at our Relay Field Day event?

Anything you want! The activities at Relay Field Day events should be a reflection of the interests of the students at your school and the community in which you are located. They can range from games and activities focusing on cancer education to performances from local high school music or athletic programs.

Where can I find ideas for cancer education activities and games for the event?

There are Classroom Activity Packets focused on nutrition, physical activity, sun safety, and tobacco and alcohol prevention. Additional resources and ideas for your Relay Field Day are available through your school's Relay Field Day Web site.

What costs are associated with a Relay Field Day program?

Costs for a Relay Field Day program and the event should be kept to a minimum, and if possible, it's best to get items such as water, healthy snacks, and prizes donated. Any other incurred expenses might be covered by a school activities fund (with prior approval) or underwritten by local businesses. If your school uses any kind of local vendors, ask if they will help underwrite the costs of the event. Other materials, such as posters, banners, and stickers, are available through your local American Cancer Society office. Contact them for more information.