

March is Colorectal Cancer

Awareness month

A WORD FROM OUR EVENT CHAIR, SHEILA STILES

Giving Your Best...

It's the hand we clasp with an honest grasp

That gives a hearty thrill

It's the good we pour into others' lives

That comes back our own to fill.

It's the dregs we drain from another's cup

That makes our own seem sweet

And the hours we give to another's need

That makes our life complete.

It's the burdens we help another bear

That makes our own seem light.

It's the anger seen for another's feet

That shows us the path to right.

It's the good we do each passing day

With a heart sincere and true;

In giving the world your very best

It's best will return to you.

PAINT PASCO PURPLE MARY DAVIS

At our February 15th team celebration sixteen of our teams volunteered to Paint Our Town Purple. They'll be hanging Relay For Life posters and purple ribbons at local businesses to help make our community aware of our upcoming event.

At the March 22nd team celebration the teams will turn in the lists of businesses that have been "painted purple" and will receive five spirit points for each business. The team that has collected the most spirit chips /points by the end of the Relay will be awarded the Most Team Spirit award!

Will it be your team?



It's the best that all of you show every day that makes Trinity's Relay so remarkable. Thank you all for giving so much of yourselves to help so many.

"THE PASSION BEHIND THE RELAY FOR LIFE OF TRINITY" BY MARY DAVIS, MARKETING CHAIR & PUBLICITY CHAIR



To understand the passion behind the Relay For Life of Trinity you must meet the people who are planning the event. They are remarkable people with remarkable medical histories. Sheila Stiles is the Event Chair. Forty years ago, when she was 16 years old, she noticed a two inch wide purple area on her breast. The color faded after a week so Sheila continued on with her last year of high school. About ten months later, as she was preparing to begin her freshman year in college, she woke to find the discoloration covering her entire breast and spreading under her arm, up her neck and across half of her other breast. She was immediately admitted into the hospital and had surgery the following day.

Sheila had breast cancer. Breast cancer in adolescence is uncommon, As is the type of breast cancer she had.

Breast cancer has devastated Sheila's family, claiming the lives of her mother, grandmother, great-grandmother, three aunts and seven cousins.

Brian Verrette is the Event Co-Chair. He was 36 years old in 2006 when he saw a doctor due to a problem with insomnia. Blood work determined that Brian was anemic. A colonoscopy found a four inch by two and a half inch mass and over 2,000 cancerous and pre-cancerous polyps. Soon after, Brain was told he had advanced Stage 3 Colorectal Cancer. Two weeks later he started five weeks of radiation and chemotherapy. Seven weeks afterward, Brian had surgery to remove his entire colon and rectum, which left him with a permanent ileostomy, an opening between his small intestine and his abdominal wall. Twenty-five percent of the lymph nodes that were removed during that surgery were found to be cancerous so Brian had to undergo another seven and a half months of chemotherapy. During that time Brian learned that he had a genetic disorder that caused the proliferation of polyps in his colon. When Brian's daughters were tested, his fourteen year old daughter was found to have the same disorder so surgery was performed to remove her colon, also. Doctors believe that this was necessary to prevent her from developing cancer by the age of twenty. In October 2009, malignant tumors were found in Brian's abdomen so he once again began radiation and chemotherapy. Brian's current treatment should end in March, but his is a battle that he will fight for the rest of his life.

THE PASSION BEHIND CONT.

Paula Foster is the Team Development Chair. When she was 43 years old she discovered a small spot under the tip of her tongue. Her doctor initially dismissed it as nothing serious, but Paula's pain convinced her to seek further testing. A biopsy diagnosed cancer and surgery was performed in July 2009 to remove the tumor in her tongue. During her recovery Paula had a naso-gastric feeding tube and was not allowed to speak for ten days. Several months later a PET scan discovered more cancer and a second, more radical surgery was performed in January 2010. Paula continues to receive chemotherapy and needs to inject herself with an anti-nausea drug four times during each day just to make it through. None of this keeps her from her mission – to recruit teams for the Relay For Life of Trinity. She says, "I will forever be Relaying, even if it is from my bed!"

Once a person has faced death, he or she might make a "bucket list" – a list of pleasures that they would like to experience before they die. Sheila, Brian and Paula have instead chosen to devote their lives to battling cancer through the Relay For Life. They proudly march in the victory lap that opens each event, wearing tee shirts that proclaim that they are "Survivors."

ANNOUNCEMENTS



SURVIVOR/CAREGIVER CHAIR, LAUREN RODRIGUEZ

It was good to see everyone at the Team Celebration on February 15th.

We need to always remember why we Relay - to raise money for the CURE and to Honor our Survivors and Caregivers. We need your help getting Survivors and Caregivers to attend the Relay! The more the better!

Remember the challenge! Whoever signs up the most Survivors / Caregivers by the Relay will be awarded a prize! You say, "What is the prize?" Well I'll tell you, "It will be a Manicure and Pedicure! Now ladies, I know you would like to win that prize! And men, I know you would like to give it to the lady of your choice!!

Please talk to Survivors and Caregivers you may know and ask them to register so they can join us for the Survivor / Caregiver Dinner and to Walk the celebratory Survivor and Caregiver Victory lap at the Relay.

Be sure to send me the names of the Survivors / Caregivers that you referred so I can keep track of who the winner will be (my email is below)!

Thanks for all you do to Support the cause!

The Survivor/Caregiver Committee,

Lauren Rodriguez - Chair

Joan VanGieson - Co-Chair

Margaret Graham - Team Member

Fred Mieser - Team Member

Nancy Mieser- Team Member

Donna Luscier - Team Member

If you would like to join the Survivor/Caregiver committee, please contact Lauren at:

Irodrig9@tampabay.rr.com or 727-251-8386.

2011 RELAY FOR LIFE CHARITY GOLF TOURNAMENT

SATURDAY MARCH 19, 2011 @

LANSBROOK GOLF CLUB IN PALM HARBOR

Sponsored by THE MIRACLE MAKERS

\$75.00 / PERSON INCLUDES 18 HOLES OF GOLF,

SHARED GOLF CART, RANGE BALLS, LUNCH, DINNER & PRIZES

THE GAMES WILL BE LONGEST DRIVE, CLOSEST TO THE PIN,

PUTTING CONTEST AND A \$10,000 HOLE IN ONE



Attention!! Anyone that refers someone and they register to play in the Golf Tournament, will have \$10.00 added to their Relay for Life Trinity webpage! Be sure to email Lauren with the name of the participant(s). Just think if you get a foursome to join that's \$40.00!

Irodrig9@tampabay.rr.com

Survivor Breakfast

Monday, February 21st we held a Survivor Breakfast which was a great success with 44 Survivors / Caregivers in attendance. We also obtained an additional 5 Survivor registrations and 1 additional Participation registration. IHOP did a fantastic job getting everyone served quickly,! We would like to extend our deepest gratitude to them!



We would like to thank all the Survivors and Caregivers for coming out so we could honor them and they could obtain more information about Relay For Life of Trinity and about the services that the American Cancer Society offers. Many of the participates shared stories and exchanged each others contact information.

I would also like to extend a thank you to Joan Van Gieson, Fred Mieser, Nancy Mieser and Robin Falzone for helping make this event a great success.

Lauren Rodriguez Survivor Chair







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THANKS FOR ALL THE SUPPORT FROM OUR LOCAL SPONSORS AS WE SPRING IN TO ACTION THIS 2011 RELAY FOR LIFE SEASON!

2011 Relay For Life of Trinity Sponsors

\$1500 Bronze Sponsor

RASMUSSEN COLLEGE

VITAS HOSPICE

SUNCOAST SCHOOLS FEDERAL CREDIT UNION

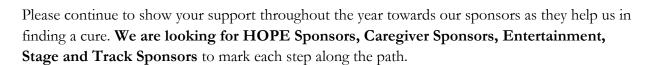
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\$1000 Survivor Program Sponsor VALPAK

\$1000 Luminaria Program Sponsor GLENN RODAWALT & FAMILY in memory of his loving wife BETTY RODAWALT

\$350 Survivor Victory Lap Sponsor DESCENDANT DETECTIVES Sheila Stiles & Debra Knapton

\$250 Track Marker
ATTORNEY SALLIE SKIPPER



If you are interested in Sponsorship Opportunities, please contact Marina McLoone 727-255-9766

