

Teacher Activity Sheet Summary



Classroom activities

Classroom activities can make learning about ways to help prevent cancer informative and fun. All of these materials will be available on your Relay Recess event Web site.

Nutrition

For the classroom teacher:

- Nutrition, Cancer, and General Health
- Providing Nutrition Education to Your Students
- Nutrition Activities at Your Relay Recess Event

For classroom use:

- Your Favorite Healthful Foods
- Nutrition and Physical Activity Word Search
- Get Your Fruits and Veggies
- Nutrition Cryptogram
- Fruit and Vegetable Power: True/False Quiz and Word Search
- Classroom Nutrition Tracker

For parents:

- Help Your Child Eat Right
- Individual Nutrition Tracker



