The American Cancer Society Reach To Recovery program matches trained, volunteer breast cancer survivors with those facing or living with a breast cancer diagnosis to provide one-on-one support. Individuals are matched to volunteers who have had a similar diagnosis and treatment plan, and have a similar personal background.

For more than 45 years, this program has been helping breast cancer patients cope with their diagnosis, treatment, and life after cancer.

Reach To Recovery volunteers are carefully screened and trained. They talk with patients in person, over the phone, or via email, using their firsthand experience of what it’s like to have breast cancer to relate to emotional and practical issues.

Volunteers can help individuals who are:
- Facing a possible breast cancer diagnosis, recurrence, or advanced breast cancer
- Considering or have had a lumpectomy, mastectomy, or breast reconstruction
- Experiencing lymphedema
- Undergoing or have completed treatment

For more information on the Reach To Recovery program or breast cancer, visit cancer.org or call 1-800-227-2345 anytime, day or night.