



# RELAY FOR LIFE OF STERLING HEIGHTS



June 9 - 10, 2012

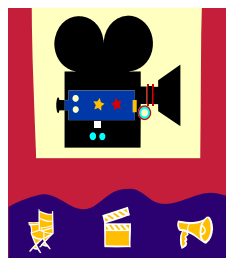
10 AM - 10 AM

Dodge Park



## Event & Theme Lap Schedule

Time Slot	Events & Theme Laps		Team Sponsor
10:00am - 11:00am	<b>Opening Ceremony with Chiara Clayton</b>		
11:00am - 12:00pm	Lose to Win Weigh-In	Rally Cry Warrior Lap	Walking Warriors
12:00pm - 1:00pm	12:30 K-Tones (polka band)	<b>Survivor Ceremony, Lap &amp; Lunch</b>	
1:00pm - 2:00pm		Polish Lap	American Polish Century Club
2:00pm - 3:00pm	Les Gold - Hard Core Pawn (2-4) AND Silent Auction (2-4:45)	Jersey Lap	St. John Sports Medicine
3:00pm - 4:00pm		Candy Bar / Wonka Lap	The Beauty Bar - Pink Ninjas
4:00pm - 5:00pm	Wigs 4 Kids Cutting Event	Country / Cowboy Lap	A Breath of Fresh Air
5:00pm - 6:00pm		<b>Fight Back Ceremony - Balloon Launch</b>	
		<b>5:30pm Caregiver Lap</b>	
6:00pm - 7:00pm	Pick up Silent Auction Items	Take me out to the ball game	Auntie's Angels
7:00pm - 8:00pm	Beautiful Disaster (country band)	Trick or Treat	Jim's Laborer's of Love
8:00pm - 9:00pm		Christmas Lap	Cromie Cougar Council
9:00pm - 10:00pm	<b>Luminaria Ceremony with The Accidentals</b>		
10:00pm - 11:00pm	Quiet Time	Glow Lap	Sterling Heights Lioness
11:00pm - 12:00am		Backwards Clothes Lap	Our Gang Walking Rascals
12:00am - 1:00am		Black & Yellow Lap	Girls on a Mission
1:00am - 2:00am		Poker Lap	St. John Sports Medicine
2:00am - 3:00am		Hawaiian Lap	Golden Trotters
3:00am - 4:00am		Flashlight Lap	Team: Hope
4:00am - 5:00am		Meet New Friends Contest Lap	WEA & St. John Sports Medicine
5:00am - 6:00am		PJ & Slipper Lap	Kids Care Community Club
6:00am - 7:00am		Noise Maker/Good Morning Lap	WEA
7:00am - 8:00am		Pancake Breakfast Lap	Team Salvation Army
8:00am - 9:00am	Pure Michigan Pride	Walking for Friends and Family	
9:00am - 10:00am	Clean Up	<b>Closing Ceremony</b>	



**Lights!**  
**Camera!**  
**Relay!**

Celebrate. Remember. Fight Back.®

1-800-ACS-2345



## What is Relay For Life?

The American Cancer Society Relay For Life is a life-changing event that gives everyone in communities across the globe a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. Because cancer never sleeps, Relays are overnight events up to 24 hours in length. Over the next 24 hours, teams of people from the Sterling Heights community will camp out and take turns walking around the beautiful path of Dodge Park. Each team is asked to have a representative on the track at all times during the event. Relay began in 1985 when Dr. Gordy Klatt, a colorectal surgeon in Tacoma, Washington, ran and walked around a track for 24 hours to raise money for the American Cancer Society. Since then, Relay has grown from a single man's passion to fight cancer into the world's largest movement to end the disease. Each year, more than 3.5 million people in 5,000 communities in the United States, along with additional communities in 19 other countries, gather to take part in this global phenomenon and raise much needed funds and awareness to save lives from cancer.



[acscan.org](http://acscan.org) **Together we CAN defeat cancer!**

The American Cancer Society Cancer Action Network (ACS CAN), the nonprofit, nonpartisan advocacy affiliate of the American Cancer Society, supports evidence-based policy and legislative solutions designed to eliminate cancer as a major health problem. ACS CAN works to encourage elected officials and candidates to make cancer a top national priority. ACS CAN gives ordinary people extraordinary power to fight cancer with the training and tools they need to make their voices heard. For more information, visit [www.acscan.org](http://www.acscan.org).

The Relay For Life of Sterling Heights would like to thank Stephanie Franks (ACS CAN Chair) and everyone who joined ACS CAN this Relay season to make us an ACS CAN CLUB event for the second year in a row!



## Attention Survivors & Caregivers!

- 11:15 AM – Survivor Registration in the Survivor Tent  
receive Survivor t-shirt and coupon book
- 12:00 PM – Survivor Ceremony at the stage with Survivor Speaker  
Joann Thomas and Victory Lap immediately following
- 12:30 PM – Survivor luncheon in the Survivor Tent
- 5:30 PM – Caregiver Lap
- 9:30 PM – Luminaria Ceremony



### Celebrate - The Survivors Lap

The Survivors Lap is an inspirational time when survivors are invited to circle the track together and help everyone celebrate the victories we've achieved over cancer. The Survivors Lap is an emotional example of how Relay participants are creating a world with more birthdays like those of each individual on the track.



### Remember - The Luminaria Ceremony

We honor people who have been touched by cancer and remember loved ones lost to the disease during the Luminaria Ceremony. Candles are lit inside bags filled with sand, each one bearing the name of a person touched by cancer, and participants walk a lap in silence.



### Fight Back - The Fight Back Ceremony

The Fight Back Ceremony where we make a personal commitment to save lives by taking up the fight against cancer



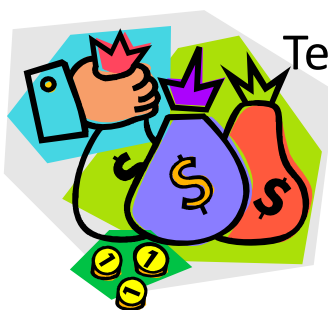


# On-Site Fundraisers & Movies



Team Name	Site #	On-Site Fundraiser	Movie
Partylite SUCCESS for Joan	1	Movie Night, Popcorn, Box Candy, Cotton Candy, Candy Bars, Friendship Brachlets, "Dew" Bar, Water Racing game for kids	
Papas Sweets	2	Bagels & cream cheese, bananas, giant chocolate chip cookies, blueberry popcorn, sweet trail mix	FLICKA
Golden Trotters	3	Sunflowers, Hawaiian Items, Chocolate "Stitch" suckers, cold drinks in hawaiian glasses	Lilo and Stitch
Team: Hope	4		Finding Nemo
American Polish Century Club	5	Pierogies, Hot Dogs, Kielbasa	Christmas Story
Jim's Laborer's of Love	6	Rootbeer Floats, Lap Beads, Bags of Candy, Wall of Fame, Fresh Veggies	Wizard of Oz
Auntie's Angels	7	Nachos, Inflatable Baseball Toys, Sloppy Joes	Angels in the Outfield
Raj's Rockstars	8	Bracelets, snacks and Indian-inspired food	Bollywood movies
Adam J. Smith State Farm	9	Yogurt parfaits, S'mores, Decorating Flower Pots	Cars 2
Our Gang Walking Rascals	10	Kids Toys, Cutter Insect Repellent, Flip Flops, Squirt Guns, Bubbles & Candy	Little Rascals
Laser Dental Associates	11	Pizza, Plants	Little Shop of Horrors
Oh Thank God	12	Nail Polishing, Box Candy, Jet's Pizza, Buffalo Wild Wings	Top Gun
Cromie Cougars	13	Frisbees, Elf Hats, Ornament keepsake, glitter hair tattoos, chair massages	Elf
WEA Gives Back	14	Noisemakers, mini keychain school supplies	Godfather
A Breath of Fresh Air	15	Walking Tacos, Cowboy Hats, Scavenger Hunt (Adults / Kids)	Toy Story
Girls on A Mission	16	Potted Plants	The Bee Movie
Keithosaurus	17	Spider plants, calligraphy illuminations	Monty Python and the Holy Grail
KC <sup>3</sup> - Kids Care Community Club	18	Balloon Launch, Relay Jail, GORP	Up!
St. John Sports Medicine	19	Fresh Baked Cookies, Massages, Hot Dogs, Pop/Gatorade, Coffee, Duck Pond, Air Hockey, Score-o	The Mighty Ducks (all 3)
Team: Salvation Army	20	Pancake Breakfast in the Survivor Tent	Lady and the Tramp
Best Buy Utica	23	Pop, water, ring pops, pop rocks, Avenger-themed merchandise	Avengers
Dentist4life.com	25	Ladder Ball, Bean Bag Toss, Lemonade, Can Koozies, Water	The Great Outdoors
Walking for Family n Friends	27	Ice Cream, Plantable hearts with Forget Me Not's, car race game for kids	Days of Thunder
Walking Warriors	29	Gel Bracelets	South Pacific
Sterling Heights Lioness	30	Tye Dye Shirts, Glow Headbands	The Sisterhood of the Traveling Pants
The Beauty Bar - Pink Ninjas	31	Wigs 4 Kids, Popcorn Machine, Sandwich wraps, Hair Accessories, Candy Bars, Glow Sticks	Willy Wonka and the Chocolate Factory

Indicates Committee Member campsite

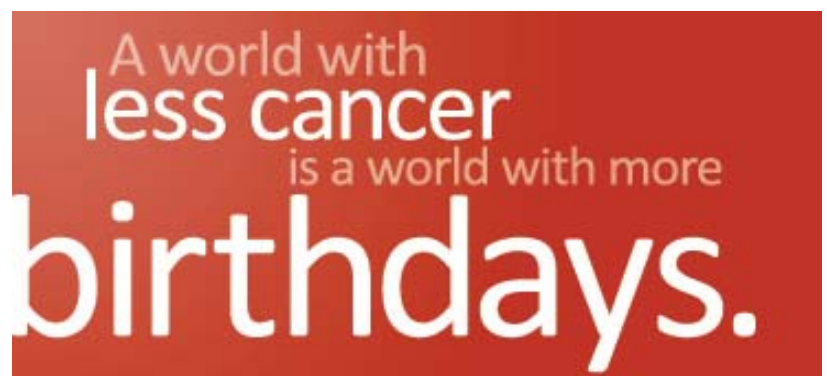


Team Check-In

2:00 p.m.

7:00 p.m.

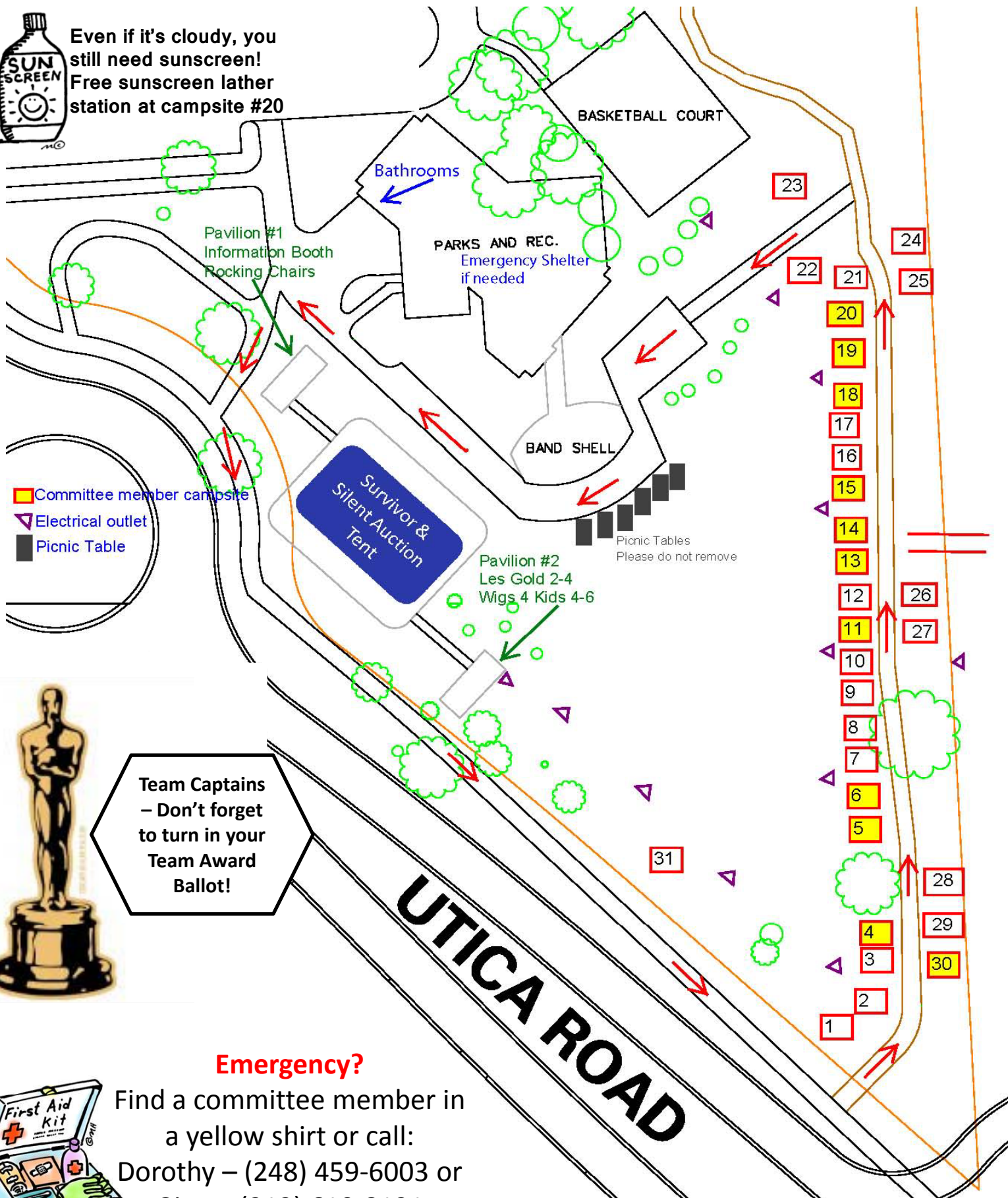
7:00 a.m.



# Map of Dodge Park & Campsite Locations



Even if it's cloudy, you still need sunscreen! Free sunscreen lather station at campsite #20



**Team Captains**  
– Don't forget to turn in your Team Award Ballot!

## Emergency?

Find a committee member in a yellow shirt or call:  
Dorothy – (248) 459-6003 or  
Gina – (313) 610-8131



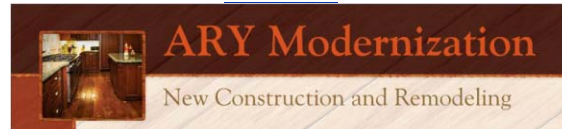
# Many thanks to our generous sponsors!



## Gold



## Silver



KUKA Systems

Partylite

Bronze  
Paul & Moira Smith

Sterling Heights Lioness

## Copper

Buff Whelan Chevrolet

Bright Side Dental

Cromie Elementary

Empire Building

Suburban Ford

## Upload Your Photos!



We have created a special Relay For Life of Sterling Heights Group Room on Walmart.com. Please upload all of your photos from the Event. We will create a special montage of photos which will be shown at the 2013 Kickoff and used to recruit future teams .

## FIND US, FOLLOW US, FRIEND US



[relayforlife.org/  
sterlingheightsmi](http://relayforlife.org/sterlingheightsmi)



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Download a QR Reader to your smart phone and this QR code will take you right to the RFL of SH website!



4 - 6 p.m.

Wigs 4 Kids  
Cutting Event

Sponsored by  
The Beauty Bar  
Pink Ninjas

11:00 a.m.  
Lose To Win  
Final Weigh In

5:00 p.m.

Balloon  
Launch

Sponsored by  
Kids Care  
Community  
Club

2 - 4:45 p.m.  
Silent Auction

2 - 4 p.m.  
Les Gold



### Special Thanks

Kyle Langlois and the  
entire Parks & Rec Crew  
DJ Rich Paruszkiewicz  
Chiara Clayton  
Joann Thomas  
The Accidentals  
K-Tones  
Beautiful Disaster  
Les Gold  
David Keenan - Fitness  
Objective  
The Beauty Bar  
Wigs 4 Kids

Thank You! Thank You! Thank You!

The Relay For Life of Sterling Heights would like to thank all of the wonderful volunteers who were instrumental in making this event possible. **Thank you** to all Committee Members, Team Captains & Team Members, and to the family and friends who supported these folks as they donated innumerable hours to ensure our event was successful. **Thank you** also to all of our Sponsors and the countless number of generous donors. We are awed and inspired by your dedication to this great cause!!



# CruiseOne Presents Relay For Life @ Sea



Help CruiseOne donate thousands of dollars to the American Cancer Society! \$100 from every cabin booked will benefit the American Cancer Society Great Lakes Division Relay For Life.

**7-Day Southern Caribbean Cruise on the Caribbean Princess® to benefit the American Cancer Society Great Lakes Division. April 6, 2013 – April 13, 2013**

Enjoy a leisurely 7-day voyage in the warm, Southern Caribbean waters round-trip from Fort Lauderdale onboard the sensational Caribbean Princess. Visit beautiful Curacao and Dutch-influenced Aruba. And call on Princess Cays®, our own tropical retreat in the Bahamas. While onboard your ship, indulge in freshly-prepared cuisine dining and signature Princess features such as The Sanctuary, a rejuvenating retreat for adults, and our big-screen sensation, Movies Under the Stars®. Escape completely – with Princess®.



## Cruise Highlights

### Princess Cays®

Enjoy seeing local life beyond our idyllic private island by taking a sightseeing tour. There will still be time for a banana boat ride and snorkeling.

### Curaçao

Hop aboard the trolley train and see the colorful capital of Willemstad, a UNESCO World Heritage Site. For the physically fit, enjoy a guided hike to the top of Mount Christoffel, the tallest point on the island.

### Aruba

From the Dutch-colonial architecture of Oranjestad to the windswept desert landscapes of the arid interior, this sunny island invites exploration. Enjoy some snorkeling or scuba diving, or relax on a white-sand beach.

## Why are we cruising?

The American Cancer Society Relay For Life is a life-changing event that gives everyone in communities across the globe a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease.

## Fares:

Interior fares from	\$699*
Oceanview fares from	\$889*
Balcony Fares from	\$1,099*
Mini-suite fares from	\$1,299*
3 <sup>rd</sup> /4 <sup>th</sup> person rates from	\$359*

## Itinerary:

Saturday- Ft. Lauderdale, FL  
 Sunday – Princess Cays, Bahamas  
 Monday – At Sea  
 Tuesday – Curacao, Netherlands Antilles  
 Wednesday – Aruba, Dutch Antilles  
 Thursday – At Sea  
 Friday – At Sea  
 Saturday – Ft. Lauderdale, FL

\*Fares are USD non-air, per person, based on double occupancy. Government fees, taxes, insurance, transfers & cruise t-shirts are additional. A 20% deposit is required at time of booking. Princess reserves the right to impose a Fuel Supplement of up to \$9 per person per day on all passengers if the NYMEX oil price exceeds \$70 per barrel, even if fares have been paid in full. Ship Registry: Bermuda  
 Each cabin booked will receive \$50 on board credit



## For More Information:



**Independent Vacation Specialist**  
**The Rosner Team**  
 Bloomfield, MI  
 248-686-1115/888-893-8469  
 frosner@cruiseone.com  
 www.RFLatSEA.com  
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