

AMERICAN CANCER SOCIETY RELAY FOR LIFE



*The 2015
Relay For Life
of University of Idaho
Committee would
like to thank you
for your support*



cancer.org | 1.800.227.2345



Relay For Life of University of Idaho

April 25-26, 2015

6:00pm-8:00am

Kibbie Dome

Moscow, ID

cancer.org | 1.800.227.2345



2015 AMERICAN CANCER SOCIETY SERVICES



WHAT IS RELAY FOR LIFE?

More than just a track meet or a road race, the RELAY FOR LIFE is a virtual 24 hour party for a good cause. Teams take turns lapping the track, in relay fashion, for 24 hours straight.

A highlight of the relay is “Tent City”, an all-day and all-night community surrounding the track, filled with tents, music, entertainment and refreshments. Everyone is busy cheering, listening to music, making new friends, or out on the track, running or walking in the fight against cancer.

When night falls, the LUMINARIA CEREMONY will be held. At that time, the only light in the stadium will be the candles lining the track, placed in memory of those who have lost their battle to cancer or in support of those surviving—while volunteers walk or run the track raising funds for cancer research and patient services.

1. QUESTIONS ABOUT CANCER? Call 1.800.ACS.2345. This free service is available to patients, friends, relatives and medical staff who have questions about cancer, services and resources. Cancer information specialists are available 24 hours a day, 7 days a week.

- **FREE BROCHURES.** You can also call 1.800.ACS.2345 to receive free brochures. Choose from 96 cancer/prevention brochures in several languages.

2. WWW.CANCER.ORG (American Cancer Society Website)

- **RESOURCES for cancer patients.** Go to “Find ACS in Your Community.” Enter your zip code or the zip code of the community where your treatment takes place.
- **CANCER SURVIVORS NETWORK** – A place for people to find hope and inspiration from others who have “been there.” This web-site was created by and for survivors and caregivers uniting all people touched by cancer. (Use search box to find)
- **I CAN COPE ONLINE** – If your or someone you love has questions about diagnosis, treatment, and coping with the daily challenges cancer can bring, I Can Cope classes are a quick, convenient way to answer them!

3. PROGRAMS AND OTHER SERVICES

- **American Cancer Society “CANCER RESOURCE CENTERS”** – Located in select cancer treatment facilities in the region, provide current cancer-related information, programs, services and personal assistance to cancer patients, family members and caregivers.
- **REACH TO RECOVERY** – Mentoring program for women with breast cancer. Visits may take place in person or by phone in rural areas.
- **LOOK GOOD FEEL BETTER** – Class taught by cosmetologists for women undergoing cancer treatment. For those in more remote areas, a video can be provided through the mail. Turbans, hats and wigs are available in some locations.
- **ROAD TO RECOVERY** – Volunteers provide transportation for cancer patients to and from scheduled medical appointments.
- **LODGING PROGRAM** – Free or reduced rate lodging available to out-of-town patients undergoing cancer treatments. (Now available near many major cancer centers)
- **CLINICAL TRIALS** – This free and confidential service can help cancer patients locate a cancer clinical trial, based on their individual situation and personal preferences. Over 3,000 clinical trials are available for treatment, prevention and early detection of cancer.
- **WORKPLACE SOLUTIONS** - Wellness and Cancer programs designed for businesses and their employees. Subscribe to the “**BECAUSE WE CARE**” newsletter.

4. RESEARCH – The American Cancer Society funds more research than any other US charity and has supported scientists who have been part of every major advance in cancer research such as the pap test, drugs to treat leukemia and advanced breast cancer, mammography and the PSA test for prostate cancer.

YOUR LOCAL ACS OFFICE 509.455.3440



Why is Relay an Overnight Event ? Gordy's Vision

Dr. Klatt had a purpose when he began the 24-hour Relay in 1985. The significance of daytime and nighttime coincides with the journey that all go through.

Clear your mind and picture...

It's daylight. Life is wonderful. You're healthy, happy and looking forward to the future. You're looking forward to your child's dance recital or taking your child to Disney World for a vacation. You're looking forward to the new house you just bought. You have a new dream job that you're thrilled about.

But then...darkness falls.

You hear those words "You've got cancer", or worse, your child has cancer. Your life has suddenly become very dark. You don't know what the outcome will be. You feel there is no hope in sight. You start your treatments. You're nauseous and you have no hair. You're exhausted from caring for your child and from the agony of knowing there's nothing you can do to make him healthy again. You couldn't possibly feel any worse.

Until...

The sun starts to rise. The tumor is shrinking. Your treatments are working. You're getting your appetite back. Your child feels well enough to go out and play for just a few minutes. There is hope.

It is now daylight and you're in remission. You have your life back. You've made it through the night and the darkness. You celebrate life in the daylight knowing that the darkness of nighttime is behind you.

That is why we Relay... This is why Relay is an overnight event.



Why I Relay:

A word from your Event Chair Daly Hull

Relay For Life is an amazing opportunity for communities like ours to rebuild a sense of hope, but it is also a time for us all to come together to honor survivors and caregivers whose lives have been affected by cancer. With every dollar earned for our Relay For Life event, we are helping people who are fighting their own battle and we are one step closer to finally saying goodbye to cancer. Many of us relay because we have lost a loved one to this horrific disease.

Personally, my family has been affected by cancer for years. Leukemia has struck my family numerous times, even as recently as a few weeks ago when a two year old cousin was diagnosed. When I was in high school one of my best friends was diagnosed with a brain tumor and my cousin Cody was diagnosed with Leukemia. Two years ago Cody lost his battle on my birthday and since then I have dedicated my time to trying to change the presence of cancer in my world. For me, Relay For Life is a time where I can honor my cousins memory and other family members and friends who have passed away from this disease.

Planning this event at the University of Idaho has been an amazing opportunity for me, because I have been able to see all of the lives that have been touched by cancer come together to create something so meaningful. I feel so privileged to be able to celebrate life with you all and honor our loved ones who have lost their battle. Thank you to all of the wonderful sponsors, participants, volunteers, and committee members. You are all making a difference in the fight against cancer.

Relay For Life of University Of Idaho 2015 Committee

Event Chair	Daly Hull
People Lead	Debbie Jacob
Sponsorship	Haley Lundebly
Online	Brianna Ridinger
Accounting	Sharon Kielty
Registration	Lori Shaw Stephanie May LaDeena Redman
Luminaria	Madison Dahlquist
ACS Staff Partner	John Edmundson



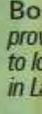
2015 SCHEDULE OF EVENTS

- 4:45pm Survivor Dinner
- 6:00pm Opening Ceremony
National Anthem - Kate Johnson
Presentation of Colors - Navy ROTC
Survivor Lap
- 6:30pm Team Lap and Hope Club Lap
- 7:00pm Minute to Win It
- 8:00pm Fightback Ceremony
- 9:00pm Mr. Relay Contest
- 10:00pm Luminaria Ceremony
- 11:00am Team Tug-o-War
- 12:00am Midnight Movie
- 2:00am Zumba
- 3:00am Lip Sync Battle
- 4:00am Egg Race
- 5:00am Sunrise Yoga
- 8:00am Closing Ceremony



Learn More About
Improving Women's Health In
Our Communities Through These
Programs At Gritman Medical Center:

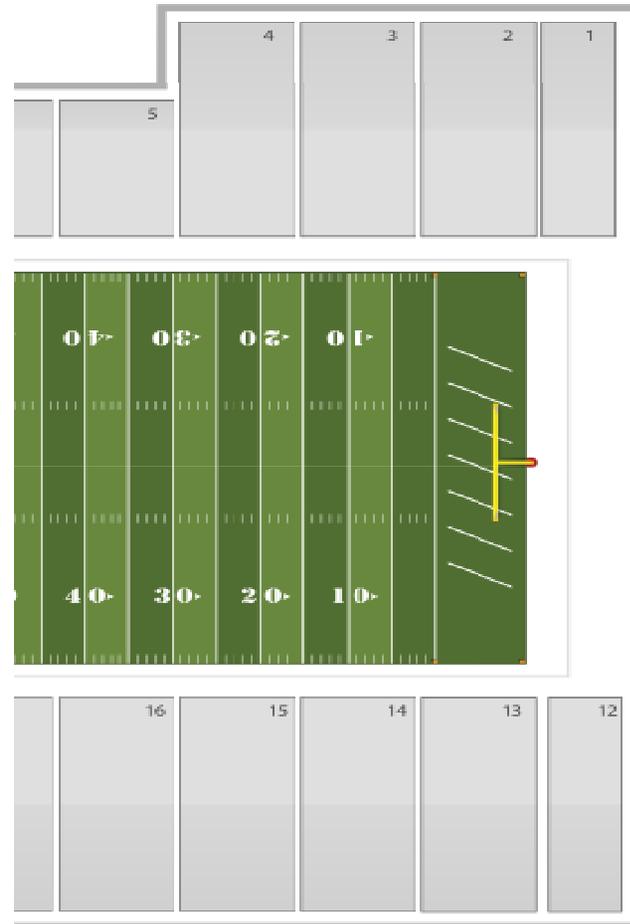
 Light A Candle
Foundation
*providing services for
those with cancer*

 Bosom Buddies
*providing mammograms
to low income women
in Latah County*

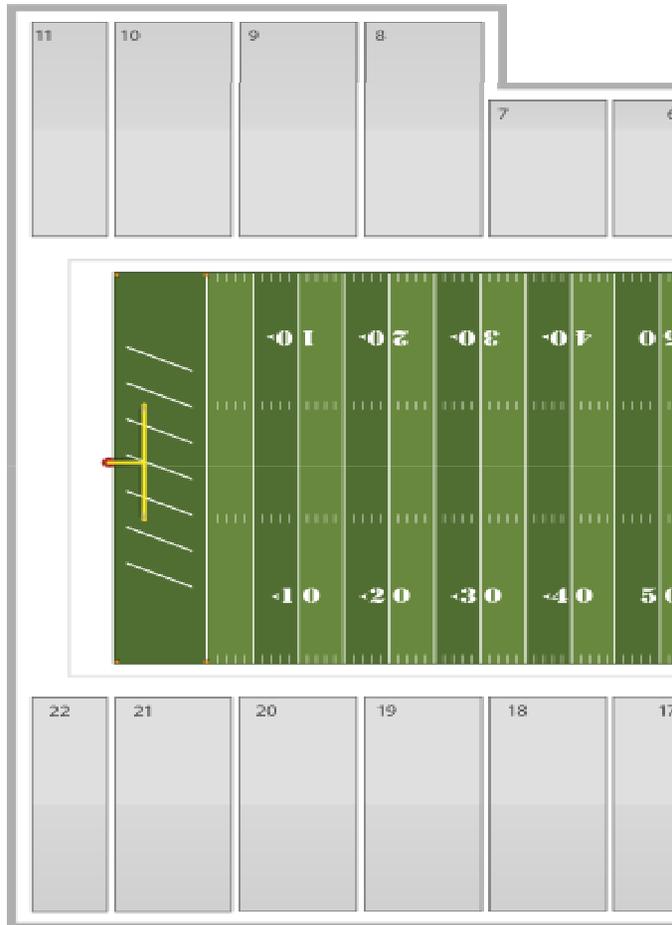
2015 TEAMS

Alpha Kappa Lambda
Bosom Buddies
Campus Christian Center
Colleges Against Cancer
Delta Chi
Delta Sigma Pi-Omicron Psi
Delta Zeta
Dinosaur
Eagles Lodge #2277
Fiji
FNBE 4-H Club
Grateful To Be Here!
Gritman Medical Center
Kappa Alpha Theta
Kappa Delta
Lambda Chi Alpha
Moscow Key Club
Music For The Cure
Omega Delta Phi
Phi Kappa Tau/Beta Gamma
Pi Beta Phi
Pi Kappa Alpha
Post 2905
Potlatch #1 Federal Credit Union
Rotaract Club Of The Palouse
Sigma Chi-Gamma Eta Chapter
Sigma Lambda Gamma
Team Chas
Team Latah
Theta Chi
Tripple C
Tumornators
University of Idaho Anthropology
University of Idaho Honors Program
University of Idaho LLC
Walmart #5869

Track Map



Relay For Life of University of Idaho 2015



A special thank you to our University of Idaho 2015 Relay For Life Sponsors



Michael Pickard, DDS, MS



AMERICAN CANCER SOCIETY RELAY FOR LIFE

Celebrate.

Remember.

Fight Back.

What is the American Cancer Society Cancer Action Network (ACS CAN)?



ACS CAN is the nation's leading cancer advocacy organization that is working every day to make cancer issues a national priority.

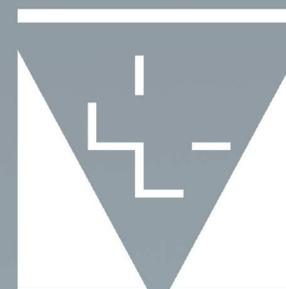
Many of the most important decisions about cancer are made outside of your doctor's office. Instead, they are made by your state legislature, in Congress and in the White House. ACS CAN empowers regular people to be part of the growing national movement that is fighting back against cancer.

ACS CAN, the nonprofit, nonpartisan advocacy affiliate of the American Cancer Society, is holding lawmakers accountable for their words and their actions. We demand that our leaders not only talk about fighting cancer but take real steps toward decreasing the number of people suffering and dying from cancer.

Sign up online at:
www.acscan.org



SPOTLIGHT SPONSOR



GRITMAN MEDICAL CENTER

Gritman Medical Center is proud to be a sponsor of Relay for Life in Moscow. We join you in celebrating survivors and remembering those we've lost. Thank you for fighting back against cancer in our community.

(208) 882-4511
www.gritman.org