

MAY 19TH, 2015

# Relay:

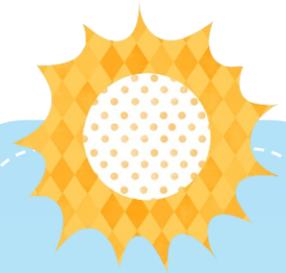
## The Final Count Down!

### WHERE WE STAND NOW!

40 RELAY TEAMS  
303 PARTICIPANTS,  
RAISED \$49, 281.  
PLEASE INVITE  
ALL SURVIVORS TO JOIN US FOR RELAY!

### ALL RELAY FUNDRAISER

ON JUNE SATURDAY 20TH, FROM 2-5 PM AN ALL RELAY FUNDRAISER WILL BE OFFERED. THIS IS OPEN TO ALL TEAMS, PATICIPANTS & RELAYS! IT IS HEALD AT THE RAINIER VEW WINERY & NURSERY IN GRAHAM. IT WLL BE \$20 PRE PERSON, AND \$10 WILL GO DIRECTLY TO YOU OR YOUR TEAMS RELAY FUNDRAISING PAGE. INCLUDED WITH THE \$20 WILL BE FOOD, MUSIC, VENDORS , WINE, RAFFLES, PRIZES & FUN! BRING EVERYBODY YOU KNOW FOR AN EASIEST FUNDRAISER EVER! FOR MORE INFORMATION & TICKETS CONTACT RHONDA RHONDA.KIRKES@CANCER.ORG

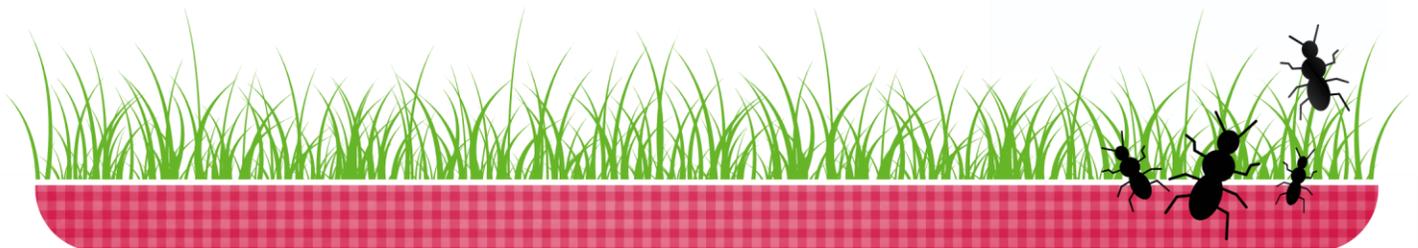


#### Inside this issue

WHAT TO BRING .....	1
THEME LAPS .....	2
TSHIRTS & TENT SITES.....	3
BOX CAR RACE.....	4
MR. RELAY .....	4

#### Important Dates

6/16	TEAM RALLY
06/20	WINE TASTEING
06/27	RELAY FOR LIFE
7/14	RELAY WRAP UP



## \$100 POSTERS

IF ANY PERSON, OR ORGANIZATION DONATES \$100 OR MORE YOU MAY CREATE OR HAVE CREATED A \$100 POSTER IN THEIR HONOR!

## ORDER FORMS

ARE LOCATED AT THE REGISTRATION TABLE AT EACH RALLY. THIS IS BASED ON THE HONOR SYSTEM. IF YOU HAVE IT CREATED, ORDER FORM NEED TO BE TURNED IN BY June 16th.

**NOTE:** IF YOU CREATE THE POSTER YOU WILL HAVE THE HONOR OF PUTTING IT UP AT RELAY AROUND THE TRACK.

## WHAT TO BRING TO RELAY!

- TENTS FOR YOUR CAMPSITE(S)
- RELAY SHIRTS
- FOLDING CHAIRS & TABLES
- SUPPLIES FOR YUR TEAMS ON-SITE FUNDRAISER
- DONATIONS TO BE TURNED IN
- MONEY FOR ON-SITE FUNDRAISERS OR CONCESSIONS PROPER (EXTRA) CLOTHING IN PREPERATION FOR WEATHER (example) PONCHO, EXTRA SHOES/ SOCKS, JACKET, SWEATS, COAT, T-SHIRT, SHORTS, FLIP FLOPS
- WAGON OR DOLLY (helpful in hauling supplies to and from your campsite)
- PILLOWS AND SLEEPING BAG(S) (IF YOUR GOING TO ATTEMPT TO SLEEP)
- COOLER (PLEASE FILL WITH ICE & WATER)
- FOOD & DRINKS (**WATER**)
- CELL PHONE (TO CALL FAMILY & FRIENDS WHO CAN'T MAKE IT OR FOR LAST MINUTE DONATIONS
- TEAM BANNER
- COSTUMES (THEME LAP SUPPLIES)
- CAMERA
- EMERGENCY CONTACT INFO FOR YOU & ANY MINORS PARTICPATING
- HAT OR SUN VISOR
- BUG REPELLANT
- STICK LIGHTERS (HELPFUL FOR LUMINARIA)
- LUMINARIA BAGS & CANNED FOOD (*ONE CANNED ITEM PER BAG*)
- SCISSORS & TAPE AND TOOLS FOR RANDOM TASKS
- UMBRELLA (JUST IN CASE BUT WE WONT NEED IT)
- YOUR RELAY SPIRIT & SMILE!

## PROVIDED BY THE PLANNING TEAM:

- CAMPSITE MAP
- SCHEDULE OF ACTIVITIES

## WHAT TO LEAVE AT HOME

- ALCOHOL
- TABACO
- PETS (SERVICE ANIMALS ONLY ARE WELCOME AT RELAY)



## Tent Sites & T-shirts

### TENT SITES:

Tent sites will be chosen by teams at the June 16th Team Rally! Please have your team come and participate in the Rally with us. One person from your team must be present to select your tent site. If your team is not represented the Planning Team will select your tent site for you.

HOWEVER: each team member from your team who attends the June 16th Rally will be given a raffle ticket for more chances to get the spot of your dreams. Come one, come all!

### T-SHIRTS:

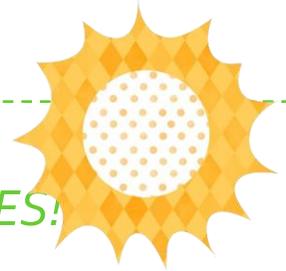
T-Shirts will also be given out at the June 16th Rally!

As per Relay rules, T-shirts are given to those Relayers who have raised \$100 or more. **DISCLAIMER:** if your team averages \$100 per person, your team members will receive a 2015 Relay For Life HOPE CLUB SHIRT!

If you are \$85 or higher in fundraising by June 1st a shirt will be ordered and placed on hold so that if by Relay if you have reached the \$100 level you may receive a shirt. However they will be first come, first serve. Sizes cannot be guaranteed. HOPE Club/Relay shirts are going to be available for pur-

---

*SUPER HEROES DO NOT ALWAYS WEAR CAPES!*



---

chase at Relay, for \$100 the day of event.



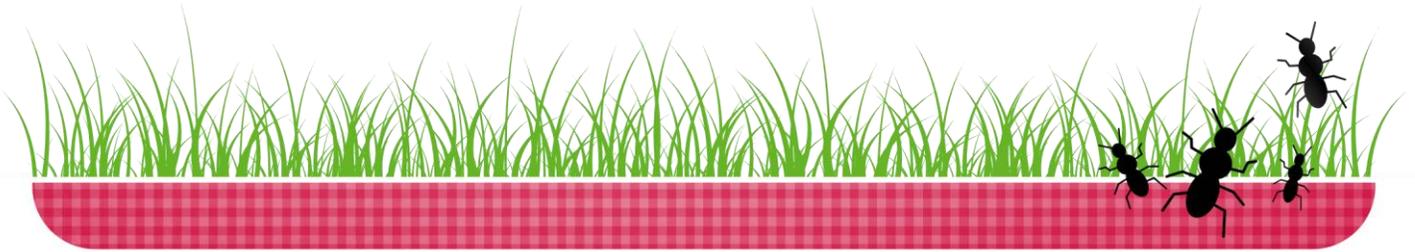
## THEME LAPS

### SATURDAY:

- 1- 2:00 PM: RELAY TEAM PRIDE & BANNER LAP
- 3:00 PM: SUPER HERO LAP
- 4:00 PM: DISNEY LAP
- 5:00 PM: KIDS CHOICE
- 6:00 PM: VOLUNTEER THANK YOU LAP  
(planning team, program/svc & team capt)
- 7:00 PM: DAMSEL IN DISTRESS
- 8:00 PM: YOUR FAVORITE DECADE LAP
- 9:00 PM: ALTER EGO  
(if you could be anybody, who would it be)
- 10:00 PM: NO THEME LAP AT 10PM
- 11:00 PM: GLOW LAP

### SUNDAY:

- 12:00 AM: EVERYTHING PURPLE LAP
- 1:00 AM: VIVA LAS VEGAS
- 2:00 AM: ZOMBIE LAP
- 3:00 AM: HEADLIGHTS & HEADLAMPS SHINE YOUR LIGHT
- 4:00 AM: GIRL POWER LAP
- 5:00 AM: WSU vs. UW LAP
- 6:00AM: LIMBO & ALOHA LAP
- 7:00 AM: SUPER VILAN LAP
- 8:00 AM: EXERSIZE ENTHOUSIAST LAP
- 9:00 AM: PATRIOTIC LAP
- 10:00 AM: SEAHAWKS LAP
- 11:00 AM: RELAY SUPER HERO
- 12:00 PM: FIGHT BACK LAP & CLOSING CERMONY



## Mr. Relay Pageant

Mr. Relay is a beauty pageant that challenges our finest gentlemen to dress up in their best women's attire & strut their stuff during relay!

Sign up to enter the pageant by 4:00 pm on June 27<sup>th</sup> (at the event).

\$10 registration fee per contestant

Our contestants will be asked a series of questions to see how they answer.

All Contestants will be required to perform a talent.

This can be a team effort as we are sure most of you will need a little extra help from your female team mates. J After the performances:

Contestants will strut around the track with their purses open. Participants will donate cash into the purse of the contestant or contestants that they like the best.

The contestant who collects the most cash will be crowned our 2014 Mr. Relay! The winner will also get ALL cash collected during the pageant credited to their team.

Rule #1: **HAVE FUN WITH IT!**

Rule #2: Keep it **FAMILY FRIENDLY.**

# ROAD TO RECOVERY BOX CAR

## RACE

### THE FINAL COUNT DOWN

RELAY FOR LIFE OF PUYALUP  
JUNE 27-28  
SPARKS STADIUM  
PUYALLUP, WASHINGTON

VOLUNTEER EVENT LEAD  
CARA KAMEL:  
RELAYCARA@GMAIL.COM



The American Cancer Society offers the Road to Recovery program in which cancer patients can receive rides to and from cancer-related medical appointments free of charge in your community.

The Road to Recovery Car Race is a representation of the American Cancer Society's Road to Recovery program, in which volunteers drive cancer patients from their homes to their cancer treatment and back. Help us showcase how Road to Recovery works and participate in this car race at Relay.

### RULES OF THE ROAD

- \* Your car must be constructed out of cardboard.
- \* All entries into the car race must be registered at the Mission Delivery Tent at least one hour prior to the scheduled Road to Recovery parade. Entry forms will be provided at the Mission Delivery Tent.
- \* The Road to Recovery Car Race consists of two people per team: a driver and a patient. It is a head-to-head race between teams. All cars **MUST** be long enough so that both the driver and the passenger are inside the vehicle.

