



American Cancer Society Programs and Services in New Hanover County

YOUR LOCAL AMERICAN CANCER SOCIETY (ACS) OFFICE: 910.254.4870

Information is available, as well as a resource room where patients can obtain free wigs, prosthesis and other support information. Please contact us at 910.254.4870; office hours are 8:30am to 5:00pm. The office is located at **2202 Wrightsville Avenue, Suite 111, Wilmington NC 28403**

NATIONAL CANCER INFORMATION CENTER: 1-800-227-2345

The National Cancer Information Center is a national toll-free hotline, located in Austin, Texas, which operates 24 hours a day, 7 days per week. Information Specialists answer questions about cancer and cancer related topics. In addition to information on specific cancers and their treatment, there is information on detection, prevention, alternative methods and community resources. The most up-to-date written material on cancer can be obtained at no cost and can be sent by mail, fax or e-mail. Information on events, programs and services of the American Cancer Society can also be obtained.

REACH TO RECOVERY: 1-800-227-2345

Reach to Recovery offers one-on-one visitation for women with breast cancer who will have, or have had a lumpectomy, mastectomy or recurrence. The visit is made by a breast cancer survivor who has been carefully chosen and trained. The volunteer shares her experiences and offers support with patient at a time of need. The patient or the patient's physician, family or friends can make this request.

LOOK GOOD...FEEL BETTER: 1-800-227-2345 or www.lookgoodfeelbetter.org

This two-hour, hands-on group workshop conducted by volunteer cosmetologists includes a 12-step skin care and make-up program as well as demonstration on how to use wigs, turbans, scarves and hats to enhance appearance. Patients must be undergoing chemotherapy or radiation treatment to participate in LGFB. Each patient receives a free make-up kit valued at over \$250. Patients are welcome to bring a friend or family member with them to the session; only cancer patients will receive a kit. This program is a partnership between the American Cancer Society and the Personal Care Products Council Foundation, Professional Beauty Association, and the National Cosmetology Association.

- Sheila 's Wig and Skin Salon offers the program on the second Tuesday of each month at 3:00 p.m.
- Your local American Cancer Society office offers the program on the third Monday of each month at 3:00 p.m.

ROAD TO RECOVERY: 1-800-227-2345

In order to benefit from the many treatments that are available to help patients fight and survive their cancer, they must first get to treatment. In most major metropolitan areas and in many small communities, the American Cancer Society has a corps of trained Road to Recovery volunteer drivers. They use their own vehicles and gas while donating their time to transport ambulatory patients to chemotherapy, radiation, surgery or an initial consult to set up these treatments. Patients must be ambulatory and transportation requests must be received at least four business days prior to scheduled appointment.

DIETITIAN ON CALL: 1-800-227-2345

A registered dietitian provides free telephone nutrition counseling to anyone touched by cancer. Many people have questions about nutrition and cancer or want help achieving a health weight after treatment is completed. Information is personalized, questions are answered, written materials are sent, and follow-up is provided as needed.

ONCOLOGY SOCIAL WORKER: 1-800-227-2345

To assist patients and their families with more complex cancer related issues, we have Licensed Clinical Social Workers serving as Oncology Social Workers. Oncology Social Workers are available to assist callers with issues such as loss of income, lack of health insurance, locating community resources, and assisting with the emotional impact of a cancer diagnosis.

CANCER SURVIVORS NETWORK: 1-800-227-2345 OR WWW.CANCER.ORG

The Cancer Survivors Network is a community created by and for survivors and caregivers as an outlet to cope with the challenges and spectrum of emotions that living with cancer can bring. The Cancer Survivors Network is accessed 24 hours a day throughout either the website or toll-free number. Patients, as well as family and caregivers, will find personal stories, "chat" rooms, cancer information, community resources and more. Registered users can create their own webpage.

HOPE LODGE: 1-800-227-2345

Free, temporary residential facilities for cancer patients who are undergoing treatment; Each Lodge provides convenient accommodations such as private rooms and bathrooms, with space for a family member or caregiver. Lodges offer kitchen facilities and rooms for gathering to watch TV or to share encouragement. Transportation to nearby treatment is also provided. The Lodges make the cancer treatment process easier by providing a supportive, homelike environment while reducing the financial burden of necessary, multiple-night stays for cancer treatment. The Hope Lodge offers accommodations for stays as short as a few days or as long as a patient is in active treatment.

LUMP TO LAUGHTER BREAST CANCER SUPPORT GROUP: 910.617.4455

Meets on the *fourth Tuesday of each month* at Wrightsville United Methodist Church.

KAREN JO SMITH BREAST CANCER SUPPORT GROUP: 910.342.3403

Meets on the *first Thursday of each month* from 6:00-7:30pm in the mammography waiting room of the New Hanover Medical Mall; Please contact LaSonia Melvin for more information

OVARIAN CANCER SUPPORT GROUP: 910.342.3412

"Healing Bodies, Healing Minds" is sponsored by the Zimmer Cancer Center. This is a support group that welcomes all women whose lives have been touched by ovarian cancer. The group meets the *first Thursday of every month* from 4:00-5:30pm in the Zimmer Cancer Center conference room. Please call Brenda Hines for more information.

WILMINGTON PROSTATE CANCER SUPPORT GROUP: WPROSCASUPPORTGP@AOL.COM

This support group provides a unique opportunity to share your concerns with men who have been in similar situations. The members are extremely knowledgeable about prostate cancer and remain up to date on the latest developments in research and treatment options. The group meets the *first Thursday of every month* at 6:00pm in the New Hanover Regional Medical Center auditorium. You may also call George Gardner 910.792.9953 or Hank Lathrop 910.799.5478 for more information.

SAM MANN HEALING PARTNERSHIP: 910-452-7370 or WWW.SMHEALING.ORG

The Sam Mann Healing Partnership provides counseling to those who are facing chronic illness and cancer. Services are provided to patients, caregivers, family members and friends. Individual, couples and family counseling are offered along with support groups. Psychiatric medication management is available. Many types of insurance are accepted and a sliding scale is available. The main office is located in Wilmington, NC (4810 Wrightsville Ave.); satellite offices are located in Brunswick and Duplin counties. A general cancer support group is currently being offered on the 1st and 3rd Monday of each month (excluding holidays) from 6pm - 7pm. Please call for more information or feel free to drop in.