



## Mike's West Coast Ride

I, Mike Garland will be participating in the Relay for Life of Becker on July 10, 2015. Prior to the Relay I will be riding my bicycle from Becker, MN to Ashland, OR.

I will begin my journey mid-May 2015 and hope to return by the end of June 2015. I am doing so in hopes of raising money for the American Cancer Society, to help support those locally who are struggling with this terrible disease, and for the push to find a cure.

This is in memory of my dad, Don Garland, Uncle Johnny Swiers, grandfather Raymond Perra, as well as many other friends and relatives that have had cancer or are in remission now.

On my trip out to Ashland, Oregon I plan to travel along the South Dakota and North Dakota borders, into Montana, the north eastern corner of Wyoming, through Idaho, and into Oregon.

Ashland, Oregon is located in the southwest corner of the state. The trip out will end up being approximately 1,850 miles.

My returning trip plan route will take a more southern route leaving Oregon, through Nevada, Utah, and Wyoming. I am hoping to go straight into South Dakota from Wyoming, and then back home to Minnesota. Totaling just over 2,000 miles for the return trip.

I am asking for you to support the cause by donating to the American Cancer Society. You can do so by either visiting [www.relayforlife.org](http://www.relayforlife.org)

You will need to go to My Relay, Find an Event, and Search for a Participant. Enter Michael Garland and then DONATE. Or on Facebook, LIKE my page "Mike's West Coast Ride" and there is a link for your donation.

Please contact me with questions or comments via [mikegarland1957@icloud.com](mailto:mikegarland1957@icloud.com)

Thank you very much!

Please make checks payable to: **American Cancer Society**

**Mail Check to:** Mike Garland  
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