



CANCER PREVENTION STUDY-3

Research today for a cancer-free tomorrow.

10 THINGS TO KNOW ABOUT CPS-3 IN 2015

1

2015 Follow-up Survey – All CPS-3 participants will receive the first full follow-up survey in May 2015. It will ask a wide range of lifestyle and medical questions, including questions on new areas of research such as e-cigarettes. The survey also will include a comprehensive diet assessment.

2

CPS-3 Annual Newsletter – Participants will receive their annual newsletter in April 2015. The newsletter will share upcoming activity and ongoing research in the Cancer Prevention Studies. A PDF version of the newsletter will be available to all American Cancer Society staff.

3

CPS-3 Partner Newsletter – The launch of the first *CPS-3 Partner Newsletter* will take place in May 2015. This annual newsletter will aid Society staff in sharing CPS-3 updates with past CPS-3 host sites and promotional partners to keep them engaged with the Society and their contribution to the study.

4

CPS-3 Diet Sub-study – A group of 750 CPS-3 participants in five geographic areas (areas serviced by Quest Diagnostics labs in San Jose, California; Los Angeles, California; Atlanta, Georgia; Dallas, Texas; and Detroit, Michigan) will take part in the sub-study. The purpose of the sub-study is to test the dietary survey questions against more objective diet recall interviews and blood/urine measures to ensure that the survey is reliable and high-quality in capturing information about a typical diet.

5

CPS-3 Activity, Sleep, and Light Sub-study – A group of 750 CPS-3 participants across the United States will take part in this sub-study. The purpose of the sub-study is to test survey questions related to physical activity, sedentary behavior, sleep, and light exposure against more objective monitoring devices and daily diaries to ensure that the survey is reliable and high-quality in capturing information about these factors.



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6

Follow-up on CPS-3 Participants Who Report a Cancer Diagnosis –

For participants who report a diagnosis of colon, rectum, breast, prostate, ovary, or hematologic cancer on the 2015 survey, we will seek your consent to obtain the medical record and tumor specimen. This will be a vital enhancement to CPS-3 because it allows for extensive biological information from the tumor samples to be combined with the blood samples collected at enrollment and the wide range of information collected via surveys to examine risk factors for specific molecular subtypes of these cancers, leading to the development of better targets for prevention.

7

Early CPS-3 Research Using Blood Specimens – The Society has begun its first study using blood samples from CPS-3 to study genes related to the ease of quitting smoking. This work will help us better understand how genes may influence a person's ability to successfully quit smoking and may suggest new potential targets for drugs to aid in smoking cessation.

8

CPS-3 Social Media – The relaunch of our CPS-3 website (cancer.org/cps3) and Facebook page (facebook.com/supportcps3) will allow the Society to routinely update information on what's next for the study, the history of the Cancer Prevention Studies, and highlights of scientific contributions by our researchers and that of the Cancer Prevention Studies.

9

CPS-3 on Yammer – On a regular basis, tools and information about the Cancer Prevention Studies will be shared in the Research Forum group on Yammer. For example, a monthly Epidemiology Research Summary highlights and news stories/media hits will be posted.

10

CPS-3 Contact – With the vast amount of activity taking place in CPS-3 in 2015 and for participants who have questions about the study, please email us at cps3@cancer.org or call 1-888-604-5888. Both of these forms of communication are monitored daily, and all inquiries will be answered promptly.



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