

# American Cancer Society Patient Programs and Services in Alaska



We have programs and services in your community to help people with cancer and their families. Our programs offer **information**, **day-to-day help**, and **emotional support**.

To learn more about these programs, contact us 24 hours a day, seven days a week at [cancer.org](http://cancer.org) or 1-800-227-2345.

## Information



**Toll-free Number and Website:** The American Cancer Society provides information, day-to-day help, and emotional support to cancer patients and their families 24 hours a day, seven days a week. Visit [cancer.org](http://cancer.org) or call us at 1-800-227-2345 for around-the-clock help. By calling the Society, patients and caregivers can get answers to their questions and learn more about available services.



## Day-to-day Help



**Patient Navigation:** Based in Anchorage, a local American Cancer Society patient navigator is available to help you: find transportation to and from cancer-related appointments; provide assistance with financial and insurance issues; identify community resources; and provide information on your cancer diagnosis and treatment process. Call Jessica Rivera at 907-212-5605 to discuss your situation and get connected to information. This is a free program that lets you talk directly to someone about your needs.



**Gift Closet:** There are several items within the American Cancer Society gift closets available to patients to assist with the appearance-related side effects of treatments including new wigs, hats, turbans, scarves, and temporary breast prostheses (puffs) and post-mastectomy bras (measuring/fitting not required). Many more items are also available through our "tlc" *Tender Loving Care*® catalog at [tlcdirect.org](http://tlcdirect.org). The Society's gift closet is often referred to as the women's boutique in Anchorage and is located at the Providence Cancer Center. There is also a Society gift closet at Fairbanks Memorial Hospital. Some of the items available in 2015 were purchased with funds received through grants awarded to the Society, such as a Breast Cancer Focus Alaska grant, an Alaska Run for Women grant, and a Nordstrom Cares grant.



## Patient Lodging



**Hotel Partners Program:** The American Cancer Society partners with local hotels across the country to provide rooms for cancer patients and their caregivers traveling for treatment. The American Cancer Society Hotel Partners Program can help ease some of the financial burdens that cancer patients and their families face. Your local American Cancer Society has partnered with hotels in Anchorage, Fairbanks, Kenai, and Juneau to provide lodging to patients who are traveling to receive treatment. Rooms are complimentary if and when available. Patients must have a credit/debit card at check-in upon arrival at the hotel. An advanced notice of approximately 10 days (two-Friday's notice) is needed prior to booking.

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## Day-to-day Help, continued

### Transportation to Treatment



**Road To Recovery®:** For many cancer patients, getting to and from treatment is one of their toughest challenges. If finding a ride is a concern for you, we may be able to help. The American Cancer Society Road To Recovery program provides transportation to and from treatments for cancer patients who don't have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their personal vehicles so patients can get to the treatments they need. The program is available in the Anchorage, Fairbanks, and Kenai areas. Transportation requests must be made at least four (4) business days in advance of the first day of transportation, and patients must be able to sit, stand, and walk without assistance, or an adult caregiver must accompany them.



**Ravn flights:** This partnership program provides up to three (3) round-trip flights per year for patients in active treatment. Flights are available at no cost to patients to and from locations with Ravn Alaska Service. Flights for one (1) caregiver are offered at a reduced rate (50 percent off). Please call 1-800-227-2345 or your American Cancer Society patient navigator at least eight (8) business days prior to the flight for more information. Certain qualifications apply.



**PenAir flights:** This partnership program provides up to two (2) round-trip flights per year for patients in active treatment. Flights are available at no cost to patients to and from locations with PenAir Service. Flights for one (1) caregiver are offered at a reduced rate (50 percent off). Please call 1-800-227-2345 or your American Cancer Society patient navigator at least eight (8) business days prior to the flight for more information. Certain qualifications apply.

## Emotional Support



**Reach To Recovery®:** The American Cancer Society Reach To Recovery program matches trained volunteer breast cancer survivors to people facing or living with breast cancer. Our volunteers give cancer patients and their family members the opportunity to ask questions, talk about their fears and concerns, and express their feelings.



**Cancer Survivors Network<sup>SM</sup>:** An online community designed to provide a private and secure way for cancer survivors and caregivers to connect with others who share their interests and experiences and provide peer support. Visit [csn.cancer.org](http://csn.cancer.org) to access the network.

### Classes



**Look Good Feel Better®:** During Look Good Feel Better group workshops, volunteer beauty professionals teach simple techniques to women in active treatment to help them cope with skin and nail changes and hair loss. Workshop participants receive a free cosmetic kit and style tips. Classes are offered at least once a month in one of the Anchorage area hospitals and bi-monthly in Fairbanks. This program is a collaboration of the American Cancer Society, the Personal Care Products Council Foundation, and the Professional Beauty Association. Visit [lookgoodfeelbetter.org](http://lookgoodfeelbetter.org) for more information.



**"It's a Wrap" Scarf-tying Class:** Learn how to create head coverings from scarves. All participants will take home a beautiful new scarf. This class is offered monthly in Anchorage and taught by an American Cancer Society patient navigator and volunteers. Call the Providence Cancer Center at 907-212-6870 to register for an upcoming class.



**"I Can Cope® Culinary Arts" Cooking Class:** Learn how to cook nutritious snacks and meals that are quick and easy to make while undergoing cancer treatment. Participants are given samples of the food to try and a recipe packet to take home. The class is led by an oncology dietitian from the Providence Cancer Center. Call the center at 907-212-6870 to register for an upcoming class (offered monthly in Anchorage).

