

# Relay For Life of Thurston County: June 4-5, 2016

## Theme: Camping for a Cure

Welcome to the Relay For Life weekend! Here are some things to remember to bring to Relay:

### Camping Equipment

- Tents
- Water jugs/sand bags to hold down tents
- Lawn chairs and loungers
- Sleeping bags and pillows
- Flashlights/lanterns (battery powered only)

### Clothing/Accessories

- Comfortable, lightweight clothing
- Layers for a cool night
- Sturdy, comfortable walking shoes (two pairs)
- Rain gear (it's rain or shine!)
- Socks, socks, socks! (at least three pairs)
- Costumes for theme laps
- Sunglasses and a hat

### Entertainment

- Cards & games
- Books & magazines
- We'll provide the rest!

### Fundraising Materials to turn in!

- Relay Materials not already turned in (fundraising envelopes, luminaria forms, etc)
- MONEY AND STUFF for on-site fundraising (raffle baskets, special pins, etc)

### Food and (non-alcoholic) Beverages

- Snacks, dinner
- Cooler with ice
- Utensils, plates, cups, napkins, etc. MONEY for on-site food vendors
- Drinks – lots of caffeine, water, etc.
- Trash bags to clean up

### Healthy Things

- Sunscreen and sun visors
- Towels
- First Aid kits with lots and lots of band-aids!

### Things for your Team Theme

- Decorations
- Costumes and Team Spirit!
- Items and MONEY for on-site fundraising!

### Miscellaneous

- Relay Spirit, passion and energy
- HOPE
- More friends
- Camera
- Cell phone
- Your experiences, survivor stories, and dedication

### IMPORTANT TIMES TO REMEMBER:

- **Team arrival/set up begins at 9:00 am** – Teams may arrive and begin campsite setup.
- **Survivor Hospitality Tent opens at 10:00 am** – Day of event Survivor registration and pre-registered Survivor check-in area is on the south end of the field, near the information booth. Open until 3:00 pm.
- **Team Captain Meeting begins at 11:15 am** – Join us in the bleachers for all of the latest information you need to know!
- **Spirit of Relay Ceremony begins at 12:00 pm** – Join us as we celebrate our teams.
- **Opening Ceremonies begin at 3:00 pm** – Opening Ceremonies will be followed by the Survivor Lap. Please plan to join us to cheer on our Survivors as they take their Victory Lap.
- **Luminaria Ceremony begins at 10:00 pm** – Join us as we remember those we have lost and those who have fought cancer. After the luminaria ceremony, the Luminaria Slideshow will begin.
- **Fight Back Ceremony begins at 9:00 am** – This is your chance to make a public stand to choose to fight back after the Relay ends.
- **Finish the Fight Lap** – Begins at 11:30 am on Sunday. Buy your sticker for \$5 for entrance to the lap. All funds from this lap will be totaled together! At the end of the lap, anyone wearing the "I Finished the Fight" sticker will receive a ticket. The winning ticket that is drawn will receive the entire amount of funds credited to their personal fundraising. Invite your family and friends to join you and pack the track for our final lap of 2016!