



Relay For Life of Tacoma Event Rules

Mt. Tahoma, and the Tacoma School District, generously donate the use of their beautiful stadium and school. In return they ask that we follow all posted rules and guidelines, including, but not limited to the ones below.

1. **NO** food or drinks (other than water) are allowed on the field or track (this includes the area inside the fence.) Food may be eaten in the food court, picnic area near bell tower, and in the Home and Away stands. For the enjoyment of all participants, please keep these areas clean.
2. **NO** tobacco, alcoholic products or firearms are allowed on school grounds (including the field, track, parking lot, RVs and vehicles.) Anyone found to be intoxicated or possessing tobacco, alcohol or firearms will be asked to leave.
3. **NO** food or beverages **of any kind** may be sold by teams during the event.
4. **NO** fire pits or open fires of any kind are allowed on school grounds (including the field, track, parking lot, RVs and vehicles) at any time. This includes heaters, generators, and BBQs. Generators and heaters contained inside of RVs are the **ONLY** exception.
5. **NO** pets or animals are allowed on school grounds (including the field, track, parking lot, RVs and vehicles) at any time.
6. Tents may be placed only in your assigned area. Your gear and tents need to fit within the confines of your 10 x 15 tent site. Please be respectful of your neighbor's space.
7. **No** stakes are allowed on the field. Tents are to be placed on tarps and held with weights. Please be mindful of the weather and be prepared to add extra weights if necessary.
8. **Participants under 18 years of age must have a parent or a chaperone in order to spend the night at the event.** Parents and minors must sign a release form.
9. **Wristbands will be issued to all participants.** Only participants wearing a wristband will be permitted to stay on the event grounds overnight (midnight – 7am.) *Participants under the age of 18 will have a different wristband. Please see wristband policy for more information.*
10. For safety purposes, only **Nerf-type balls** will be allowed on the field in the designated play areas. They must be kept off the track and out of the way of runners/walkers.
11. Team Captains are responsible for the actions of their team members and families. Please share and discuss these rules to your team members and guests, prior to the event.
12. **HAVE FUN!!**