

Relay For Life of Burlington

Theme Laps – 2016

5 pm ~ Kick Off & Team Spirit Lap

Relay begins with our survivors along with their caregivers walking the first lap of the event. After we celebrate their lap, we ask that each team join together and take the track for the team parade. We ask that all teams create and carry a team sign as we make our way around the track together united in the fight against cancer.

6 pm ~ Disney Character lap

Come dressed as Elsa, Olaf, Shrek, Mickey, Minnie – the Disney theme choices are endless lets create a fairy tale and our very own “Relay Happily ever after”

7 pm ~ Superhero Lap

Don your capes, no mask needed as you are all superheroes just for being here and dress as your favorite superhero, superman, wonder woman, captain America the choices are endless!

8 pm ~ Bubble Lap

It's time to break out the bubbles, walk the track and blow as many bubbles as you can! NO BUBBLE GUM!

9 pm ~ Luminary Lap

It is time to walk in silence to honor and remember those who have fought and lost their battle with cancer. We ask that each team walk together to show that together we can make a difference!!

10 pm ~ Red Sox Nation Unite lap

Take to the track wearing your red sox gear! Whether you're a Red Sox fan or just from the Boston area we all have a Red Sox shirt, hat or even just a Boston shirt or hat, wear your gear and show your pride!

11 pm ~ Paint Your World Purple and Glow lap

It's everything purple time! Wear purple!! Purple hats, tutus, boa's; you name it, if it's purple bring it on the track with you! Crack out those purple glow sticks and let's light the night purple!

12 pm ~ Crazy Hat / Wacky lap

You know you have one! Now is your opportunity to wear it! While we can't be crazy loud we can bring out our craziest outfits hats, socks, clothes you name it; let the fun begin!

1 am ~ Patriotic Lap

Show your patriotic pride. Wear your red white and blue. Bring out the party beads, light up some red white and blue glow sticks

2 am ~ Poker / Country Western lap

Bring out your country western gear! Walk 5 laps and a member of your team will receive a card for each lap walked, dressed in themed attire of course! At the end of the laps, we will see who has the best poker hand!

3 am ~ Hawaiian / Margaretville Lap

If it wasn't for quiet hours there are so many songs, we could be playing right now – oh well it is 3 am! But then again it is Relay and we are still up! So let's party (quietly of course) Grass skirts, coconut tops, etc are the theme of the hour

4 am ~ Pajama Lap

It is time to break out your PJ's and comfy clothes! Relay is an overnight event to show our support that we won't rest until a cure is found! To be honest, we thought this should be at 1 am to get everyone comfy for the remainder of the event, but then having it now with Relay 2016 almost complete you will be ready to jump into bed when you get home! Rest easy relayer's you did an amazing thing tonight and we THANK YOU!! ☺

5 am ~ Celebrate! Remember! Fight Back!

It's time to once again take to the track as a group dressed in Relay gear and do what we came here for

Celebrate! Remember! Fight Back!