

Sherwood Relay For Life - Themed Laps

Time	Theme Laps	Description
August 1, 2015		
10:00	Survivor then Caregiver laps	Survivors walk first lap as all others cheer them on. Caregivers join in for second lap.
11:00	Block out cancer lap	Wear big brim hats, sunglasses, use an umbrella, etc., to block out the sun's rays
12:00 PM	Car Wash Bubbles Lap	You're wet and blowing bubbles!
1:00	Inside out/ Backwards lap	Wear your clothes inside out and/or backwards.
2:00	School spirit lap- Go Bowmen!	Show your school spirit.
3:00	Aqua Lap	Keep you and your friends cool with squirt guns.
4:00	Kid's Costume lap	Kids big and small wear their favorite costume.
5:00	4 x 100 Relay lap	Four people from your team run 100 m each in a relay race.
6:00	Spotlight lap	Dress up as your favorite 80s movie character/star
7:00	Favorite sport's team lap	Wear your favorite team's attire.
8:00	Awesome lap	Take it to the max with your best 80s costumes
9:00	Course of the Force lap	Carry a light saber.
10:00	Luminaria Ceremony	
11:00	Strum lap	Bring an acoustic guitar and serenade us.
12:00 AM	Neon lap	Light yourself up.
1:00	Stuffed animal lap	Carry a stuffed animal.
2:00	Zombie lap	Act/dress like a zombie.
3:00	Alma mater lap	Wear your alma mater's attire.
4:00	The Foundation of the 80s	Wear the loudest makeup.
5:00	Pajama lap	Wear your pajamas.
6:00	Jackson lap	Put on a glove and give us your best impression of the king of Pop.

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August 2, 2015		
7:00	Pick up your luminaria/ Favorite school subject lap	Pick up your luminaria if you want to keep them. Dress to show your favorite school subject.
8:00	Walk backwards lap	There's more than one path to the cure.
9:00	Grand club lap/Awards lap	Grand club members will walk a lap. Other awards recognized.