



## Relay For Life of West Bend News

**Next Team Meeting:** April 21<sup>st</sup> at 6:25pm at West Bend Clinic – **Board Room – Registration Night**

- Registration Fee(s) Turn In – Pick Your Campsite!
- Chaperone Forms (if applicable)
- Silent Auction Basket Turn In Available
- Team and Team Member registration forms turn available



American Cancer Society  
**Bark For Life**

We're proud to be hosting the first **Bark For Life** on Sunday, June 7 from 1-4pm at the City of Hartford Independence Dog Park Area.

“Bark For Life” is a full American Cancer Society Relay fundraising event that will honor the care giving qualities of our canine “Best Friends”. Funds raised contribute to and are included in the Relay For Life of Hartford/Slinger **event totals**.

Learn more about **Bark For Life** at [www.relayforlife.org/hartford-slingerwi](http://www.relayforlife.org/hartford-slingerwi) & look for the Bark For Life Tab on the *LEFT SIDE* of the page!

## **FUN**draining Ideas!

- **Freddie the Flamingo**- Put plastic flamingos in friend's yards with a note around Freddie's neck asking for Relay donations. The next day collect the birds and donations.
- **Smoothie Oasis!** Fresh Lemonade instead of soda for lunch
- **Bake Sale**, Brat Fry, Themed Dinner Party! Ask a local restaurant to donate % of the night's proceeds to Relay! “Take A Bite Out Of Cancer” Night.
- Raffle off **Preferred Parking Spaces** at work, school or home!
- **Dress down or up days!** Stickers are available for a \$x donation, wear your jeans, flip flops, tennis shoes or favorite baseball cap to work or school!
- **Matching Gifts**- Find out if your company or your parent's company has this program; it's a quick way to double your team's fund-raising efforts.

## Upcoming Team Fundraisers

- **Friday, May 8** Pickin' a Cure for Cancer is hosting a live music concert featuring Big Cedar Bluegrass band. The gig is from 7:30-10:30PM at the Luxury Box Horizon Banquet Room
- **Hopeful Friends Team** - Relay Charms and Scarf's! Contact Miranda at [mandisue2@hotmail.com](mailto:mandisue2@hotmail.com)

## **Great American Get Active Challenge**

The Get Active Challenge offers a 10-week online physical-activity program that helps you set goals and maintain an active lifestyle. The Get Active Challenge helps motivate you to be more physically active and to adopt a more active lifestyle, as well as offering unique tools and resources to help achieve fitness goals in a fun and enjoyable way. Joining the Great American Get Active Challenge is easy and free.

Visit [www.cancer.org/GreatAmericans](http://www.cancer.org/GreatAmericans) today to register and get started.

*It's not about the money. It's about what the money can do.*

*It's not about what the money can do. It's about what you can do.*

*It's not about what you can do. It's about what we can do together.*

*Together, we can make a difference.*



Looking for American Cancer Society or Relay For Life Gear?  
[www.relaygear.com](http://www.relaygear.com) , [www.hopeshop.org](http://www.hopeshop.org) or [www.acsgiftshop.com](http://www.acsgiftshop.com)

### South Dakota Goes Smoke-free This Summer

The Midwest Division is excited to announce South Dakota is going smokefree! On March 19, Governor Mike Rounds signed the smoke-free bill into law, joining Iowa and Minnesota as the third smoke-free state in the division. The law goes into effect on July 1, 2009, and includes all bars, restaurants, video lottery establishments and Deadwood casinos. Congratulations to the South Dakota staff who worked tirelessly to move this grassroots effort forward.

Tobacco use and secondhand smoke has cost South Dakota more than \$500 million a year in health care and other costs. The new smoke-free law will save lives and taxpayer money by reducing the risk of heart attacks, cancers and a host of other respiratory illnesses caused by secondhand smoke. South Dakota joins 24 other states nationwide that have passed statewide smoke-free laws as a matter of public health.

Looking to the future, a Midwest Division legislative priority for 2009 is a smoke-free Wisconsin. The American Cancer Society urges the Wisconsin Legislature to protect local control of tobacco regulation, and support strong statewide legislation that protects all citizens and employees from the cancer causing chemicals in secondhand smoke. Currently, **Wisconsin spends \$2 billion on health care costs related to smoking, while more than two-thirds of Wisconsinites support a comprehensive statewide law.**

Ruth Parriott, Vice President-Government Relations, recently told the Midwest Division Board of Directors, "The Midwest Division has an amazing track record when it comes to advocating for smoke-free legislation. Starting with Minnesota in 2007, one Midwest Division state has gone smoke-free in each of the last three years (2008-Iowa, 2009-South Dakota). **And now it's 'On Wisconsin!'**"

For more information visit: [www.holdingourbreathwi.com](http://www.holdingourbreathwi.com) or [www.acscan.org](http://www.acscan.org)

**Verona, March 23rd, 2009**—The Verona City Council voted unanimously, 8 to 0, Monday night in favor of a comprehensive smoke-free air ordinance. The ordinance will end all workplace smoking in the city including inside bars and restaurants starting August 15, 2009, the same day Dane County implements its own countywide smoke-free law.



Thank You 2009 Relay For Life of the West Bend area Sponsors!

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