

Tips for Student Team Captains

Thank you for joining the American Cancer Society Relay For Life movement! You can make a difference in your community!



Guidelines for Safety and Fun

- Each youth team member should complete the Youth Participation Agreement. Your parent/guardian should also read and sign the parent section of the Youth Participant Agreement, and the completed form should be turned in to the American Cancer Society.
- Each youth team member should also register for the Relay For Life event either by signing up online or completing and turning in a scannable registration form.
- There should be at least one chaperone (age 25 or older) for every 10 youth team members. For the purposes of Relay For Life events, a youth is considered to be anyone younger than 18.
- Chaperones' names, phone numbers, and other registration information must be completely filled in on the Youth Participation Agreement.
- Your chaperone should read and sign the Chaperone Agreement form and turn it in to the American Cancer Society.

Secrets of Success

- Ask a teacher or parent age 25 or older to serve as a chaperone.
- In addition to completing the Youth Participation Agreement and registering, make sure the team's registration fee is paid on time. Registration fees vary, so make sure you speak with your Relay chairperson to find out the fee and due date.
- Attend scheduled Team Captains' meetings. This will help keep you updated on all the event happenings.
- Share fundraising tips to help each member get started.
- Help your team create a team theme for the event.
- Pick out your team's campsite and think about decorating it. Be creative!
- Collect your team's money and turn it in during Bank Night.
- Bring your tent, sleeping bag, food, sneakers, and Relay spirit to the event!

Online Fundraising

- Sign up on your event's Web site to get a team Web page, where you can add photos and team information. Each team member can then create their own page and send emails to friends and family asking for their support. It is a quick, easy, and safe way to donate online.



Fundraising Ideas for Students

Raising \$100 per team member is easy when you remember the money you raise helps to fight cancer.

Bake Sale: Hold a bake sale at your school, house of worship, or another location in the community.

Car Wash: Get your team together for a community car wash. Have a bake sale at the same time. (Ask for donations, not a set fee. You will usually raise more money!)

Carnation Day: Sell carnations or roses for Valentine's Day at school. Deliver the purchased flowers to the students during lunch or class.

Earn Dollars for a Prize: Ask a local store to donate a prize. Then raise donations from others who place their names in a drawing to win the prize.

Fishing for a Cure: Set up a booth that looks like a pond with prizes floating in it. Charge \$1 or more to fish for a prize using a fishing pole.

Friends and Family: Dedicate your personal effort to someone who has had cancer. Write a letter or email telling that person's story and send it to friends, relatives (near and far), neighbors, teammates, doctor, dentist, hairdresser, and religious group members.

Garage Sale: Ask friends and neighbors to donate items to your garage sale, or hold a team garage sale and have all team members bring items.

Gift Wrap Service: During the holidays, teams can set up at the local mall or in a particular store. Get wrapping paper, ribbon, and other supplies donated and ask for a donation to wrap gifts.

Karaoke: Tune up your singing voices and pick a public place, such as outside a grocery store or mall, etc. Take donations for the chance to sing or to get people to stop singing.

Kiss a Pig: Ask a popular person in your school to do something fun if your team raises a certain amount of money. Be creative. For example, shave a beard or a head, dress up in an unusual outfit, kiss a pig, sit in a dunking booth, or get a pie in the face.

Penny Wars: Set up a challenge for each class to collect the most points (pennies). Points are given for pennies and deducted for other coins. Classes can sabotage other classes by placing other coins or dollar bills (not pennies) in their jars. The class with the most points wins a pizza party. All the money in the jars is donated to the Relay event.

Photo Contest: Ask students and teachers to bring a baby or childhood photo of themselves that they believe no one can identify. Ask for a donation to make a guess. Give winners a donated prize.

Spirit Links: Create a competition between homerooms or classrooms where a \$1 donation gets a paper link. Each room's paper links are linked together to create a chain. The classroom with the longest chain at the end of the fundraiser wins!



Visit RelayForLife.org for more ideas!