



How Kids Can Make a Difference Against Cancer

What is Relay Recess?

The American Cancer Society Relay Recess brings education and community service to your child's classroom in a fun and exciting way that also allows students to help save lives from cancer. Through a Relay Recess program, your child will learn about cancer and steps they can take to reduce their risk of developing the disease and stay well. They'll also have the chance to get out of the classroom and have fun with entertainment and activities that reinforce what they have learned in school. Participating in the Relay Recess program benefits your children by:

- Engaging them in community service activities
- Teaching them habits that will enable them to lead healthy lives
- Linking their fundraising efforts to how it will make a difference in their community through American Cancer Society services and programs
- Unifying our school with our community for a common cause

Impacting our community

Kids can make a difference in the fight against cancer in our own community! The Relay Recess program provides teachers and parents with resources to help make fundraising for the American Cancer Society fun, easy, and educational with classroom, school-wide, and online fundraising available. The funds raised from your child's Relay Recess event will help the American Cancer Society save lives and create a world with less cancer and more birthdays. Visit cancer.org to learn about some of the programs and services the American Cancer Society offers in your community.

Fun and engaging activities and educational programming:

The American Cancer Society Relay Recess helps your child and your family start on a lifelong path to healthier living and educates you about how to reduce your chances of getting cancer through:

- Physical Activity
- Good Nutrition
- Sun Safety
- Tobacco Prevention

Join us in the fight against cancer! To find out more about the Relay Recess program and its cancer education activities, call **1-800-227-2345** or visit **RelayRecess.org**.

“Cancer is hard on everybody, but you can get through it. We can all fight cancer together, and Relay Recess is one way to do it” – Hannah, Relay Recess student

